

15th May friday
welcoming

Bora Ercan
opening yoga
time 17.30 - 19.00
garden 1

dinner +
opening ceremony
Ebru Aydın &
Serhan Candaş
concert
time 20.00
concert area

2015
yoga fest
program

16th May
saturday

Ferhan Yüksel
ashram tradition
morning yoga
garden 1 06.00 - 07.30 pool terrace 2

Lee Tansu
Qigong

breakfast 07.30 - 09.00

Kartal Özal

seminar, transformational recreation, recovery with past lives
09.30 - 10.30 seminar hall lower floor

Zuhal Sevil

play area kids yoga 10.00 - 11.30

Arijit
Senmajumdar
ashtanga yoga
pool terrace 2
10.00 - 11.30

Ferhan Yüksel
ayurvedic anatomy,
physiology, dosha tests
garden 2
10.30 - 11.30

Viola & Michael

breath work
quota
group room lower floor
11.00 - 13.00

Naile Soyel
jivamukti yoga
pool terrace 1
11.30 - 13.00

İrem Greenfield
kundalini yoga
garden 1
12.00 - 13.30

activities with appointments

Kartal Özal
transformational recreation
private room 2 upper floor
11.00 - 13.00 + 13.00 - 15.30

İşıl Taşcı
life coaching
private room 1
10.30 - 13.30

Hale Ürkmezgil
bronze sculpture artist
"beauty within" workshop
pergola
09.30 - 13.30

Mehmet Arap
manual therapy
spa
09.30 - 13.30
15.00 - 16.30

Güley Erkin

life coach
group room lower floor
15.00 - 17.00

lunch break 13.30 - 15.00

Franz Andriani
yoga detox
pool terrace 1 15.00 - 16.30

Bora Ercan
hatha yoga
garden 1

Wine tasting and campfire in the
Five Finger Mountain Range

meeting in the parking lot
departure with busses
time 17.00

participation fee per person 40 TL

five days and four nights
in the Mediterranean breeze
we are together..



17th May
sunday

Ferhan Yüksel
ashram tradition
morning yoga
garden 1 06.00 - 07.30

Lee Tansu
Qigong

breakfast 07.30 - 09.00

Musa Kocatepe

seminar: founder of reshaped DNA
09.30 - 10.30 seminar hall lower floor

Banu Süpçeler

play area kids yoga 10.00 - 11.30

Bora Ercan
hatha yoga
pool terrace 2
10.00 - 11.30

Ferhan Yüksel
the emergence of pain, treatment
and ayurvedic approach to healing
garden 2
10.30 - 11.30

Michael de Glanville

touching hearts massage
quota
group room lower floor
11.00 - 13.00

Suzi Heijari
vinyasa flow
pool terrace 1
11.30 - 13.00

İrem Greenfield
kundalini yoga
garden 1
12.00 - 13.30

activities with appointments

Kartal Özal
transformational recreation
private room 2 upper floor
11.00 - 13.00 + 13.00 - 15.30

İşıl Taşcı
life coaching
private room 1
10.30 - 13.30

Hale Ürkmezgil
bronze sculpture artist
"beauty within" workshop
pergola
09.30 - 13.30

Mehmet Arap
manual therapy
spa
09.30 - 13.30
15.00 - 16.30

Güley Erkin

life coach
group room lower floor
15.00 - 17.00

lunch break 13.30 - 15.00

Franz Andriani
yoga detox
pool terrace 1 15.00 - 16.30

Arijit
Senmajumdar
hatha yoga
garden 1

Jale Refik Roger
vinyasa flow
garden 2
16.30 - 17.30

Birsan Hacıalmaz
acro-yoga
pool terrace 2
16.30 - 19.00

Peter Petrou
prana meditation
garden 1 17.30 - 19.30

Sibel Saraçoğlu
ashtanga yoga
pool terrace 1

Hale Ürkmezgil
bronze sculpture artist
"beauty within" workshop
pergola
15.00 - 18.30

dinner 20.00

after dinner
time 22.00

tratak (eye purification)
and eye yoga

Ferhan Yüksel

garden 1
meditation

18th May
monday

Ferhan Yüksel
ashram tradition
morning yoga
garden 1 06.00 - 07.30

Peter Petrou
prana & chakra

breakfast 07.30 - 09.00

Kartal Özal

Seminar: liberation from savior angel role
09.30 - 10.30 seminar hall lower floor

Özlem Var

play area kids yoga 10.00 - 11.30

Arijit
Senmajumdar
kriya yoga
pool terrace 2
10.00 - 11.30

Ferhan Yüksel
how to diet
according to body type?
garden 2
10.30 - 11.30

Viola & Michael

breath work
quota
group room lower floor
11.00 - 13.00

Simona
Schrammel
ashtanga yoga
pool terrace 1
11.30 - 13.00

İrem Greenfield
kundalini yoga
garden 1
12.00 - 13.30

activities with appointments

Kartal Özal
transformational recreation
private room 2 upper floor
11.00 - 13.00 + 13.00 - 15.30

İşıl Taşcı
life coaching
private room 1
10.30 - 13.30

Hale Ürkmezgil
bronze sculpture artist
"beauty within" workshop
pergola
09.30 - 13.30

Mehmet Arap
manual therapy
spa
09.30 - 13.30
15.00 - 16.30

Dr. Didem Gülmez

acupuncture
group room lower floor
15.00 - 19.00

lunch break 13.30 - 15.00

Franz Andriani
yoga detox
pool terrace 1 15.00 - 16.30

Bora Ercan
hatha yoga
garden 1

İşıl Taşcı
hatha yoga
pool terrace 2
16.30 - 17.30

Özlem Var - Özge Erten
partner yoga
garden 2
16.30 - 17.30

Suzi Heijari
vinyasa flow
garden 1 17.30 - 19.30

İrmak Behsatoğlu
vinyasa yoga
pool terrace 1

dinner 19.30

Yılta Taşcı, local Cypriot Artist
will add colour to our night
with his own compositions and
Cypriot anonymous songs
accompanied by his guitar...

closing ceremony +
concert area

Arijit
Senmajumdar
Kundalini yoga
closing yoga
time 06.00 - 07.30
garden 1

Simona Schrammel
& Arijit
Senmajumdar
astrological reading
time 09.30 - 13.00
pergola

Michael de Glanville
touching hearts massage
quota
time 11.00 - 13.00
group room

19th May tuesday
ending