



Happy during lockdown in the TRNC

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15th May 2020 to 21st May 2020 / Year 4 / Issue 127 - FREE to read or download

LOCKDOWN

LIVING

PATRICK MYERS

KILLER QUEEN



CyprusScene Exclusive

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WAR is the name of the game, but are we all losers?

By Ahmet Abdulaziz



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Animal Welfare



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15th to 21st May 2020

Minister Üstel : Opening of hotels is being discussed

Tourism and Environment Minister Ünal Üstel received the delegation from North Cyprus Eco Agro Tourism Federation headed by President, Tarık Tarkan Bozalan.

Minister Üstel discussed the opening conditions of tourism investments with the Federation officials.

Üstel stated that during the meeting they focused on the opening of small and medium-sized hotels, together with the large hotels, and the criteria to be determined in relation to the opening. Criteria studies for opening have been going on for a while with the officials of the Turkish Hoteliers Association and they will share the criteria with the public shortly.

The Minister said "We have come to the end of the work to turn the wheels of tourism gradually. As a result of the devoted efforts by our Ministry of Health and our healthcare workers, the measures taken by our government and the sensitivity of our people to these measures, our sectors, which have been closed for a while, will gradually open up and the economy will start to recover."

Stating that the tourism sector will be opened for domestic tourism initially, Minister Üstel said, "The opening will be carried out without leaving the measure intact. We have come to the final stage of our work with the sector representatives for a while to determine the measures to be taken."

"Our goal is to offer our tourism facilities to the people of the TRNC in the framework of the determined rules and criteria," said Minister Üstel.

Source:
Ministry of Tourism and Environment



Pilli: "Whether you recognise us or not, we exist"

CyprusScene.com

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Minister of Health Ali Pilli sent a message to the World Health Organisation (WHO) and expressed: "We are here too".

Minister of Health Pilli said: "If there is a success, this is the success of the TRNC". Pilli stated that this success was achieved by the decisions taken and implemented by the government and the Ministry of Health and also the healthcare professionals who worked devotedly and the compliance of the public to the decisions.

In his message to the World Health Organisation, Pilli said: "We are here as the TRNC. Even if the whole world does not recognise us, we exist as the TRNC, we exist with all our institutions and

organisations. We exist with the best working staff. I want to convey this to the world from here. WHO can contact us directly. We want all the activities we conduct

in the TRNC to be conveyed to the whole world."

Source: TRNC Public Information Office



8th to 14th May 2020

Turkey reacts to Egypt, Greece, RoC, France & UAE declaration

Spokesperson of the Turkish Foreign Ministry, Hami Aksoy, responded to a question regarding the joint declaration adopted by the Ministers of Foreign Affairs of Egypt, Greece, Greek Cypriot Administration, France and the United Arab Emirates (UAE). Aksoy recorded the following :

‘The joint declaration of the Ministers of Foreign Affairs of Egypt, Greece, GCA, France and the UAE in respect of the Eastern Mediterranean and Libya, is a case in point of the hypocrisy of a group of countries who are seeking regional chaos and instability through the policies they pursue and seeing no harm in sacrificing the democratic aspirations of the peoples to the callous aggression of putschist dictators, and which have fallen into confusion, as their agendas are being disrupted by Turkey.

The fact that Greece and GCA,

instead of engaging in dialogue with Turkey and TRNC respectively on the Eastern Mediterranean, are relying on irrelevant non-regional actors, can only be the legacy of a mentality of mandate and colonialism. The distortion of the steps taken by Turkey in order to protect its legitimate interests based on international law, through unfair and unlawful pretexts, is unacceptable under any circumstances.

The same applies equally for Egypt. The rulers of this country seem to have long preferred to renounce the interests and rights of its own people, rather than protecting them.

As for the UAE, which has no connection whatsoever to the Eastern Mediterranean, it is none other than the animosity towards Turkey that unites it with the other

countries. The track record of this country both against Turkey and Libya is self-evident.

It is apparent that France, whose intentions to establish a state of terror in Syria were disrupted with a heavy blow by our Operation Peace Spring, is attempting to be the patron of this axis of malice, in such a state of mind.

We call on all these countries to act

with common sense, in accordance with international law and practices.

Peace and stability in our region can only be achieved through genuine and realistic dialogue and cooperation rather than attempting to create axis of malice.’

Source: TRNC Public Information Office



MASIB internet training for Pre-Registration of imported vehicles

Within the framework of the Vehicle Registration Automation System (AKOS), more than 100 members of the Association of Motor Vehicle Dealers and Importers (MASİB) were trained via weekday teleconferences for pre-registration of vehicles to be imported.

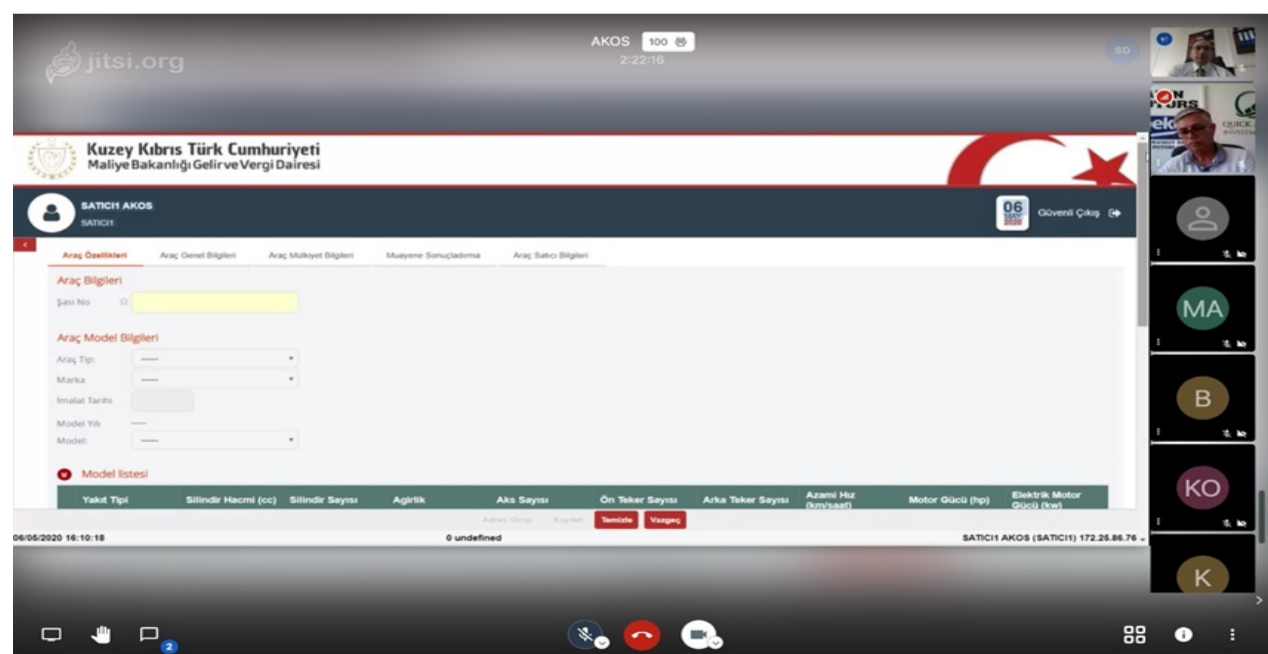
With the new software added to AKOS, which is one of the steps taken in the direction of digitisation and was put into operation on 6th January 2020, motor vehicle importers and sellers will be able to pre-register their imported vehicles via the internet without having to go to the Vehicle Registration, Inspection and Licensing branches.

The video of the training will be sent to MASİB to be distributed to the members by our Ministry so that all gallery operators can be informed.

Vehicle importers and sellers who will benefit from the service, that will be activated on Monday 18th May 2020, will be able to log into the system and pre-register themselves by using the Tax

Identification Numbers (VKN) and the password which will be sent to them.

Source (Turkish) : Ministry of Public Works and Transportation



15th to 21st May 2020

Prime Minister Tatar sent a letter to WHO Director-General

Prime Minister Ersin Tatar sent a letter to World Health Organisation (WHO) Director-General Tedros Adhanom Ghebreyesus and explained the TRNC success in the fight against COVID-19.

In his letter to Ghebreyesus, Tatar pointed out that the last patient being treated for COVID-19 had been discharged from hospital and noted that no positive cases have been observed in the TRNC for 24 days. Tatar also emphasised that while the TRNC was fighting this pandemic, all relevant institutions of the TRNC had been closely following the COVID-19 recommendations of WHO and stated that the guidance of the organisation is vital for decisions and steps to be taken to prevent transmission of the virus.

Stating that TRNC has been struggling against the pandemic, Tatar also gave information to the General Director about the number of cases and tests. Pointing out that the figures that WHO shared about Cyprus are only the numbers of Southern Cyprus, therefore this situation does not reflect the real and general situation of the island, Tatar said that WHO, which shared the figures of even the smallest countries in the world, yet not sharing the figures of the TRNC is both unacceptable and in this case the organisation does not provide full information.

Indicating that the pandemic did not discriminate on the basis of politics, Prime Minister Tatar emphasised that COVID-19 was spreading regardless of nationality, border, race or age, and

also, as the Prime Minister of an isolated state with limited resources and opportunities, he expressed his pride regarding the efforts of the TRNC government and the people during this challenging period.

Tatar continued his letter and said that they conveyed the success of the TRNC to the World Health Organisation in this process and made another call for the necessity of the

TRNC's figures to be included in the daily and general reports of the Organisation. He also underlined that the inclusion of the TRNC figures should be done on the basis of the principle of reflecting the real figures on the island and the real figures in the world.

Source: TRNC Public Information Office



TRNC Statement, Greek Cypriot leadership is gravely mistaken

Yesterday 12th May Deputy Prime Ministry and Ministry of Foreign Affairs, in a written statement, evaluated the Joint Declaration which has been adopted by the Greek Cypriot administration of Southern Cyprus, Greece, Egypt, France and the United Arab Emirates on 11 May 2020. The statement is as follows :

“The Greek Cypriot leadership is gravely mistaken if it assumes that the adoption of a joint declaration, with countries that do not even belong and are completely oblivious to the region and its sensitivities, will lead us to forego our rights and interests.

The Foreign Ministers of the Greek Cypriot administration of Southern Cyprus, Greece, Egypt, France and the United Arab Emirates, on 11th May

2020, adopted an entirely politically-driven Joint Declaration regarding the Eastern Mediterranean, divorced from realities and aimed at generating misperceptions.

Rather than enabling the natural wealth in the Eastern Mediterranean to cater for regional stability through means of cooperation and reciprocal economic interdependence between the two sides in Cyprus and other actors in the region, it is unfortunate that the Greek Cypriot administration, alongside countries which do not even have a say in the region, insists on efforts towards usurping the rights of the Turkish Cypriot people and Turkey and compromising their interests in the region by generating misperceptions and creating fait accompli against the TRNC and Turkey. It should be known that such recurring attempts, which are devoid of justice and international legal merit, will not prevent the Turkish Republic of Northern Cyprus from continuing, in the face of these threats, to protect the rights and interests of the Turkish Cypriot people in the Eastern Mediterranean in cooperation with Turkey.

If the Greek Cypriot administration wishes to have security and stability in the Eastern Mediterranean, it must first abandon its maximalist, hegemonic and unilateral policies and recognise the equal rights and interests of the Turkish Cypriot People on the island and in the region, and must act accordingly. The main counterpart of the Greek Cypriot administration in the Eastern Mediterranean is the Turkish Cypriot side, with whom it should engage in dialogue and diplomacy. It is insincere on the part of the Greek Cypriot side to talk about the wish to ensure stability and security in the Eastern Mediterranean while failing to comprehend and respect this reality.

The Turkish Cypriot side has made multiple calls and proposals for cooperation between the respective sides of the two peoples, which have equal co-ownership rights on the island and in the Eastern Mediterranean.

Our cooperation proposal dated 13 July 2019 remains valid. Hence, the only path forward is for the Greek Cypriot side to abandon its unilateral

steps, which serve neither the security nor stability of the island, and to cooperate as regards the two people's equal rights and interests in the Eastern Mediterranean, with the Turkish Cypriot side, its sole counterpart on the island and main counterpart in the region.

The Greek Cypriot side, which has made a habit of acting as the sole authority and owner of the island, continually exposes its true intention and policy regarding the future of the Island by taking such initiatives. Such behaviour is further fuelling the crisis of confidence between the Turkish Cypriot People and the Greek Cypriot People while having an adverse effect on regional stability.

The Greek Cypriot leadership is gravely mistaken if it believes that adopting a joint declaration with regional or non-regional actors will lead us to forego our rights and interests.”

Source: TRNC Public Information Office



15th to 21st May 2020

Özersay announced the decisions of the Council of Ministers

Deputy Prime Minister and Minister of Foreign Affairs Kudret Özersay attended a TV program on BRT last night (11th May) and announced the decisions of the Council of Ministers.

Mentioning that all schools and educational facilities will remain closed until 30th June, Özersay said 'This school term is over in terms of education'.

Minister Özersay stated that the night-time curfew between 21:00-06:00 has been extended until 1st June, and in addition to that the

partial curfew on Sundays will end on 18th May and as well as petrol stations, markets and pharmacies all businesses will be opened.

He underlined that barbers and hairdressers will be re-opened on 20th May but only for haircuts and hair care. He added that individual boats for personal use will be re-opened and that individuals can do sportive activities at picnic sites, walking trails and green fields.

Source: TRNC Public Information Office



The last COVID-19 patient leaves hospital with applause

The last COVID-19 patient, an 83-year old man, who has been treated at Lefkoşa Dr. Burhan Nalbantoğlu State Hospital, was discharged with applause yesterday (11 May 2020).

He thanked all healthcare workers who were with him during his treatment, and said: "I came here as if I was dead", adding that all doctors and paramedics did a good job during his illness.



In a statement made to the press during the farewell of the patient, Prime Minister Ersin Tatar stated that this was a success for the TRNC and emphasised that the TRNC had a great test and that this pandemic process was managed well. Tatar also thanked everyone who has worked and contributed in this process.

Minister of Health, Ali Pilli, also thanked all the healthcare professionals who contributed to the pandemic process and noted that this success is the success of the healthcare personnel.

Stating that there are no existing patients in the TRNC at the moment,

Pilli said that the struggle continues, and demanded that the public should continue to follow the rules in line with the decisions taken by the Council of Ministers and stated that they will continue their work.

While there have been no further cases in the TRNC for 24 days, 104 people out of 108 cases in the country have recovered and have been discharged, while 4 people have died.

As of today (12th May), there are no COVID-19 patients receiving treatment in the TRNC.

Source: TRNC Public Information Office

Tatar reacts to Egypt, Greece, RoC, France & UAE declaration

Prime Minister Tatar reacted to a joint declaration adopted by Egypt, Greece, France, Greek Cypriot Administration and the United Arab Emirates (UAE) and said 'some countries are trying to advance their hidden plans to usurp the rights of Turkey and the Turkish Cypriot people in the Eastern Mediterranean.'

Tatar stated that the joint declaration indicates the sinister plan as France and the United Arab Emirates (UAE) have nothing to do with the Eastern Mediterranean but have united with

Greece, Greek Cypriot Administration and Egypt against the rights of Turkey and TRNC.

Prime Minister Tatar mentioned: 'Those countries which criticised Turkey's drilling activities in the Eastern Mediterranean is far from the realistic and cooperative approach and also this benefits neither them nor the region. What is needed is cooperation and not ignoring the rights of Turkey and the Turkish Cypriot people in the region. Greece and Greek Cypriot Administration must establish dialogue

with Turkey and the Turkish Republic of Northern Cyprus'

Tatar pointed out that Turkish Cypriots have as much rights as the Greek Cypriots in the Eastern Mediterranean and said 'neither Turkey nor the Turkish Cypriot people will remain silent over attempts to ignore these rights'

Source: TRNC Public Information Office



15th to 21st May 2020

Kudret Özersay letter to the World Health Organisation

Deputy Prime Minister and Minister of Foreign Affairs Kudret Özersay sent a letter to the World Health Organisation (WHO) Director-General Tedros Adhanom Ghebreyesus mentioning that the Turkish Republic of Northern Cyprus (TRNC) may be the first country in the world that has not had any new Coronavirus cases for 21 days.

In his letter Özersay informed Ghebreyesus about the successful struggle of the TRNC with Covid-19 since its first confirmed case on March 10.

Özersay stated that as of May 8, the TRNC only had 108 cases with a death toll standing at four and the rest of the positive cases have recovered and been discharged from hospital.

Underlining that the country started ending its lockdown in “a

phased and vigilant manner” as of May 4, he said that this success was the outcome of the dedication of the TRNC government.

Özersay added that the TRNC government took timely and necessary measures as soon as WHO announced Covid-19 as a pandemic to stem the spread of the virus, which were dedicatedly abided by the people.

He also emphasised that the decisions and measures, which allowed the country to overcome the imminent threat of virus with the least damage, were adopted based on the changing circumstances and with the necessary flexibility to revise them accordingly without any hesitation.

Özersay noted that the government supplied ventilators and medical equipment for the pandemic and

tested people as much as possible, in addition to following the contacts of the positive cases.

Finally Deputy Prime Minister and Minister of Foreign Affairs Kudret Özersay underlined that he will share decisions and measures taken by the TRNC government in detail with WHO, in the hope that it may benefit other countries in the world as a positive model.

Noting that the pandemic hit

countries and people without any discrimination, he asked WHO “to acknowledge, without discriminating on the basis of political expediency on such an eminent health issue, the important success of unrecognized Northern Cyprus against COVID-19 and publicly declare and share, as part of WHO’s official data.”

Source:
TRNC Public Information Office



Economy working group

With the instruction of Prime Minister Ersin Tatar, following the COVID-19 epidemic, a working group has been created, which will carry out studies on planning in the economy, to make evaluations and create a road map.

According to the Prime Ministry statement, as well as the SPO (State Planning Organisation) Undersecretary and Directors, private sector representatives

attended and Prof. Dr. Ali Bıçak also participated as an academician in the working group.

Tatar, who participated for a while in the working group meeting, which was held for the first time at the SPO, was informed about the work to be carried out and the way to be followed, and views were exchanged.

Source; TRNC Public Information Office



TRNC returning to normal

Within the framework of the Coronavirus epidemic measures, restaurants, cafes, patisseries, pastry shops, and fast food outlets across the country, which have been closed since 14 March 2020, are starting to provide delivery and takeaway services today (11th May).

Only workplaces where employees have had the COVID-19 test and the test results are negative will be able to provide these services, which will only be in the form of "takeaway" and "delivery". Customers will not be served at shops and restaurants

Source;
TRNC Public Information Office



15th to 21st May 2020

"WAR" is the name of the game but are we all losers?



By Ahmet Abdulaziz....

The Second World War had officially ended on 8th May 1945. On this day the Allies had officially accepted the surrender of Germany, after the suicide of Adolf Hitler. This day is the Victory Day, as announced by Churchill, for Europe. A terrible chapter in European history thus had ended.

This terrible war had taken the lives of around 75-80 million people, which was about 3% of the world population at that time. Europe in particular and the world in general thus had been through a period of human killings. But that war had ended on 8th May 1945.

But has the war really ended? I do not believe so.

Yes, the war in Europe has ended, but it has since changed its venue. Since that day the war has slipped out of Europe, with different objectives and reasons. For the last 75 years not a single day has passed when human lives have not been perished in one or another part of the world, just because someone wants to keep on playing the game.

The human lives lost in the Korean War have been estimated at over a million, the Vietnam war cost around 4 million lives, the ongoing Afghanistan war has taken around

2 million lives so far. The Iran - Iraq war took more than 500,000 lives. The civil war of Sudan took more than a million lives. In Bosnia, more than 100,000 people lost their lives. This list is too long.

The other form of war is genocides. The Cambodian genocide took the lives of about 3 million people. The Rwandan genocide took the lives of about 1.7 million people. There are many more incidents of the like in different parts of the world. Human lives kept on perishing due to one reason or another.

The list of wars and incidents of serious genocides over the last 70 years, in various parts of the globe is too long.

There are various reasons behind each and every such war. The conflicting parties always try to show that they are on the right

path. In the end, one wins and the other loses. But what I want to emphasise is that it is human life that always loses in the end.

All sort of human conflicts usually affects the civilians badly. It is not just that they face the real war and killings directly, they go through a long period to return back to their normal lives. In fact, most of them never return back to their previous normal lives. Most of them are so deeply hurt and lost from inside, that their lives go through a permanent change.

On paper, we always find one winner and one loser in every war, but it is always the countries and companies who produce arms and ammunition, who come out as the winner. They earn big profits by selling their products the world

over. They earn big profit by keeping their production belts constantly coming out with tanks, missiles, armed vehicles, fighter and bombing planes, naval ships, etc, etc, etc.

But personally I always find myself associated with the losing side. The losing side is not just the lives of human beings, it is the death of humanity.

Humanity dies when any single human being perishes just to make the arms producers earn big profits. The first, the second and all subsequent wars on this globe, unfortunately, kills humanity also, and they keep on killing humans and humanity. Will this ever stop?

Let humanity win once!



The cost of war Iraq



The cost of war Vietnam



The cost of war Syria

15th to 21st May 2020



KAR - News Update



We have over 300 vulnerable dogs and cats at the centre needing:

- Food
- Medicine
- Water (we have no mains water, it has to be purchased via tanker)

We are now completely reliant on donations from you all. All our shops and market stalls are closed, our fundraising events, suspended. Please, please help us to maintain care for them all. You can pay directly into our bank, via the donate button on our website. You can sponsor one or more of our dogs or cats for £10 per month. (email the office for the sponsorship form - kartrnc@gmail.com).

Please don't forget us.
<https://www.kartrnc.org/how-can-i-help-kar/donate/>



As you know, we don't have a mains water supply at the centre, so we have to purchase tanker water. We average 4 deliveries a week at **300TL (£40) per delivery. So that is 1200TL (£160) PER WEEK on water.** Please consider buying us a water delivery at £40. Donate via our website. Please don't forget us. We need you now more than ever.

<https://www.kartrnc.org/how-can-i-help-kar/donate/>



DANGER - POISONING AT TURTLE BAY VILLAGE ESENTEPE Please take care and keep your pets safe.



We never know what each day at KAR will bring - but on Friday last week one of our office ladies arrived at the office to find a large package on the front doorstep. Holding her breath (as experience has shown that what a package holds can often be extremely unpleasant and very sad) she carefully untied the package - inside were 3 small kittens - obviously unwell but alive.

The kittens (2 girls and a boy) were taken straight to one of our local vets - they all have cat flu and badly infected eyes. They are currently up at our Rescue Center being treated with antibiotics, vitamins, temperature controlling drugs and eye drops.

They are approximately 6 weeks old and happily are now eating and are hopefully on the road to recovery.

If you can help with their vet costs we would really appreciate it - please see our website for details on how to donate (www.kartrnc.org) OR if you feel that once they are totally recovered you could home one of them please get in touch by email kartrnc@gmail.com and we can arrange for you to meet them.

If they stay with us then sadly, much as we would love and care for them, they would be living their lives in a cage - they deserve so much more - especially after having such a bad start to life.

Please help us to help them.



15th to 21st May 2020



KAR - News Update



It's a sunny Saturday (9th May) and **Sodexho** have come up trumps again - a smashing **13 bags of Royal Dog food** donated to KAR - thank you so much.

Although the Lockdown rules have been relaxed our shops are still not able to open (as we cannot yet meet some of the rules required) and there are still no fundraising events and no book stall. So we are still struggling 9 weeks after Lockdown - 9 weeks with no regular income. But we still have bills to pay, furry mouths to feed, medicines to provide.

So please if you can help - either by a cash donation (please see our website www.kartrnc.org) or by sponsoring one of our lovely cats/dogs or even donating into our supermarket boxes some dog/cat food/rice/pasta - it will be greatly appreciated.

<https://www.kartrnc.org/how-can-i-help-kar/donate>



The Boomtown Rats sang that they don't like Mondays
Well KAR DOES !!!

Monday 18th May is the day - at long last !!

Glad Rags - our Charity shop in Karakum is OPENING - YAY.

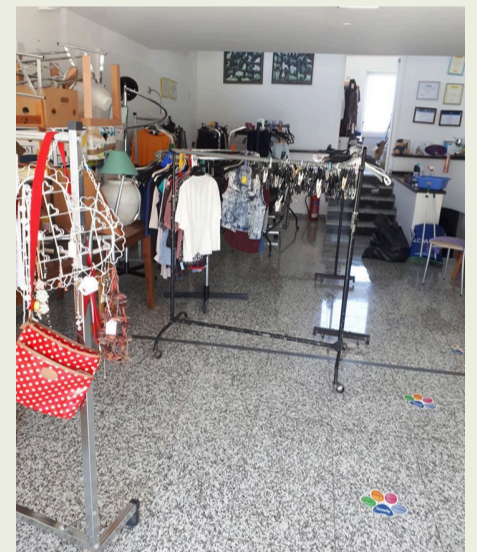
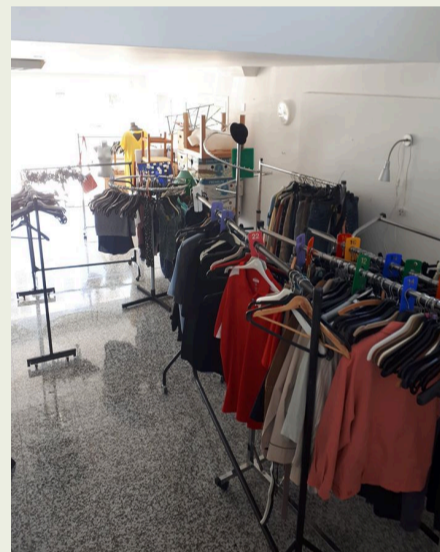
Thanks to the extremely hard work of Bev, Wendy, Ann, Angie, Kim, Margaret, Jane, Pam, Gwen and Vesela - who have between them completely stripped out Glad Rags and the office - then re-designed, re-structured and re-stocked everything. There has been a massive deep clean and total re organising of the whole area.

Your new larger Glad Rags will be open from Monday May 18th - opening hours will be 09.30 - 13.00 Monday - Friday.

The KAR office in Karakum will be open from 09.00 - 13.00 Monday - Friday.

Social distancing will be in place and please wear a mask and gloves when you visit Glad Rags or the office.

Opening news of the KAR Girne shops will be coming soon.



HELP - it's getting hot out here- and one of our freezers has just packed up. We have managed to put some of the stored food into some of our supporters' freezers - but that is only a very short term solution. We desperately need a replacement freezer. If anyone has one that they can donate we - and our cats and dogs - would be so grateful.



Please get in touch if you can help - kartrnc@gmail.com or call **0533 8694098** (mornings only). Thank you.

BANK ACCOUNTS:

UK - Bank: HSBC plc, Market Street, Falmouth, Cornwall, TR11 3AA, UK

Sort Code: 40-21-02

Account Number: 11364812

IBAN No: GB94HBUK40210211364812

BIC No: HBUKGB4131B

TRNC - Bank: CREDITWEST, Karaglanoglu, Gime

Account Name: Gime Hayvanlari Kurtarma

E a/c: 37-301-0000000714

TL a/c: 32-304-0000000056

Reg Charity No: 02/2003 a non government funded registered Charity.

15th to 21st May 2020

North Cyprus Trevor's Tips for May 2020



By Trevor Hughes

COVID-19 Virus

I have purposely not tried to keep you informed about the COVID-19 virus, because as soon as I released an update, within only a few hours it changed, leading to confusion on what people must obey and what people mustn't do.

I have criticised the Government here on many occasions on a variety of subjects, but on the handling of this global pandemic, I feel that they have handled the situation of containing the spread of this virus exceptionally well, keeping us all safe and well, albeit for a few cases.

I know it's been difficult, but in order to beat the deadly virus, hard decisions needed to be made and followed. My personal belief is that life here in the TRNC will change and never go back to how we remember it. If only the rest of the world could look at how we handled the situation, the number of deaths associated with the virus would be have been significantly reduced.

WEF May the 4th the tight boundary controls have been eased, making the need to get police permission to go out of your town and into another area is not now necessary. We are not out of the woods yet and we still need to always wear a mask when going out. We cannot take our "eye off the ball", one small slip and we could easily be back to where we were, or worse.

Capital Insurance

Although we have not been allowed to work from the Bank in Alsancak, renewing policies and insuring customer cars and homes have carried on regardless.

Payment of premiums have been put on hold until such time as you can cross the boundaries and come into the Bank. This delayed payment has not affected the "cover" and we will carry on as before. However, Capital Insurance have made a "ground breaking" first for those customers who are not allowed back into the Country, due to the current pandemic. Capital Bank are paying the premium value(s) bank transfer charges for our customers affected. This privilege is only for Capital Insurance customers and cannot be extended to non-customers or for any other reason. This proves yet again the customer is at the centre of our operation and always looking to improve our service and remain ahead of the competition!

Reasons for Recording

There are many things each business needs to comply with if they are allowing members of the public onto their premises.

One of these compliances which Capital Insurance Alsancak is having to comply with, to remain within the Governments instructions, is the recording of each visit.

This is to allow the Authorities to track the movement of any person where it is possible they may have coronavirus symptoms. This will help

them to trace who that person has visited, who they have been in contact with, and when.

The recording is not for any other reason, and it's in place for your protection and the protection of others. Summer hours for public services are valid between 11 May to 21 September as follows:

Changes to Public Service Opening Hours

Summertime opening hours are now Monday, Tuesday, Wednesday and Friday: 8am-2.30pm. Thursday: 8am – 12.30pm. Closed for half an hour and reopens at 1pm – 5.30pm.

Emergency public services operate 24 hours.

Post Offices

These offices will be re - opened with effect from Monday 11th May hrs 0830 - 1300.

Prime Card

As each and every day passes by, the use of cash is gradually being phased out. This is not only in the TRNC, but many other countries throughout the world. Now that COVID-19 is with us, it is even more important to avoid using cash to pay for your goods/services, due to contamination issues.

It is with this in mind that Capital Bank wishes to play their part in helping their customers and new customers alike to make this transition whilst keeping safe and well.

Our Bank is making major strides forward in developing this credit facility which will benefit all who use it.

Benefits:

Earn credit points on flights and hotel accommodation faster than any of our competitors.

Points accumulate up to 6.8 times faster than any other credit card facility.

No card fee for a year!

Take advantage of instalment payments with Prime Card by dividing payments into monthly instalments.

Keep track of your Prime Card expenditure and statements online, 24/7 which can be made in the comfort of your own home.

These are just some of the benefits available and to learn more, call in at our Alsancak Branch and reap the rewards of having a Capital Bank credit card.

THE SKY'S THE LIMIT

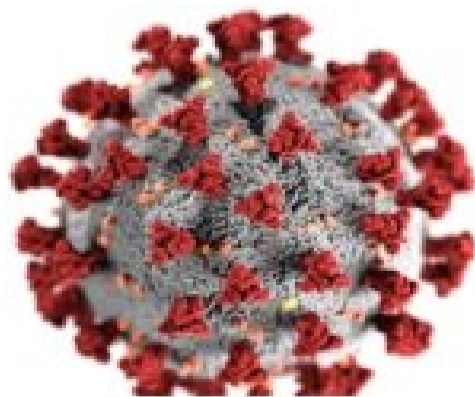
Bayram Holidays

Tuesday, May 19th - Youth and Sports Bayram

Saturday, May 23rd till Tuesday, May 27th – Ramazan Bayram

All local government offices and banks will be closed **Monday, 25th May and Tuesday, 26th May.**

We will be back to normal working hours as of **Wednesday, 27th May.**



15th to 21st May 2020

Why we're happy during lockdown in the TRNC

By Roger Bara

I'm well aware that this headline might cause great indignation and anger – how dare I enjoy a time that is so destructive to so many families and causing so much hardship and of course heartbreak all around the planet?

Of course I'm desperately sad for all the suffering, but I'm coming from a position of privilege – I don't have to worry about getting to work, or schooling the children at home, and my income is thus far unaffected. Call me an old selfish bloke, because that's what I'm able to be for this period, however long it lasts.

So what is so great about lockdown?

Here in Northern Cyprus, the overwhelming feeling is of safety, due to drastic and immediate action in closing the country from outside and introducing strict curfews. No new cases in 17 days. Only 108 positive cases overall, none current, in a population way in excess of 300,000. Only two locals have sadly not made it. That compares so favourably with just about anywhere else.

My brother-in-law and his lady came to stay at the beginning of March. By the time they were to return to the U.K., we were in complete lockdown. So they stayed until last weekend. And guess what? They felt exactly the same as we do. And they knew they were safer here than back in England and it was rather reluctantly that they boarded a repatriation flight out of Larnaca.

It's also the silence. We never realised what a noisy world we

inhabited. No traffic on our nearby trunk road to the Karpaz; no construction work going on all around us, no dust in the air, just clear skies and silence. We've heard for the first time the incredible amount of birdsong in our gardens, but that's music rather than noise. We see far more insect life in our bushes and plants, like this rare sighting of a Praying Mantis making her nest. We also heard a very low hum emanating from somewhere – it transpired it was our garden hot-tub. We had never heard it before! (Though I knew it was working, because of the astronomical electricity bills each month...)

We have had time to talk to each other even more. Almost eight years of retirement has meant Mrs B and I are well used to each other's company, and we haven't murdered each other, yet. Amazingly, we are chatting about NOT what we are missing or what we cannot now do any more, but reflecting, constantly, about what we have got, and how incredibly fortunate we are to have it all. An appreciation, if you like, rather than a taking for granted of our position in life. So despite the restrictions, we are at peace.

We are enjoying having no appointments, because there's nowhere to go anyway. Previously, it might be coffee down at the harbour at 11am, then a lunch date, afternoon tea somewhere, and then the hard decision of where and when to eat tonight. Now, no timetable whatsoever, no striving to be on time for anything. Absolute bliss!

What about missing out on parties? Not on your life! We've already "attended" an international 50th



birthday party; we've sung "We'll meet again" with our fellow elderly ex-pats right around Cyprus; we also now have a weekly visit to the "Siblings Arms", with both sides of the family. That's all courtesy of the now-famous app called Zoom, which most of us had never heard of before March of this year. It means we can communicate with up to 100 people at once at any time, night or day. So we do. There's so much more regular contact with important people to us. What's not to like?

I never ever thought I would say this, but I've even got used to having no football to follow. No anticipation of the big match coming up later, no incredible highs, no even more incredible lows (if you're a Gooner like me), and I've fully accepted that

football as we knew it pre-virus, is unlikely to happen again for a very, very long time. (Stop smirking Mrs B...)

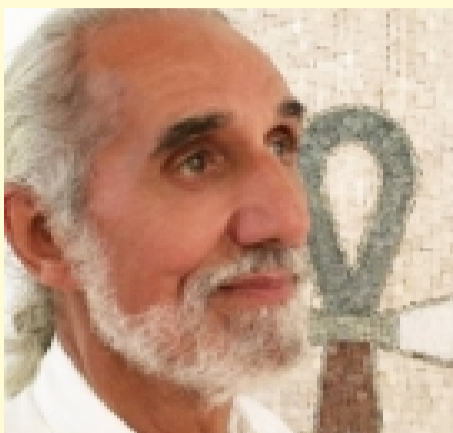
When we are watching a series on TV, it already feels strange to see people having a hug, or congregating in places without a mask and gloves. It seems so wrong, so retro....

Despite our lack of stress with the situation, we find we both feel much more emotional, about everything. Watching or listening to all those distressing stories that are making the news has us fighting tears in no time at all. Maybe it's because we know how things really are for the majority of people, whether it's here in God's own country or anywhere else in the world.



15th to 21st May 2020

Poets Corner



Poem by Nick Vye - Sanctuary

DRIFTING - REVERIE

In my life, I'm slowly drifting back,
Trying to find when I was on the right track,
Did I miss finding the right spot,
Or forgot to remember, what I'd got,

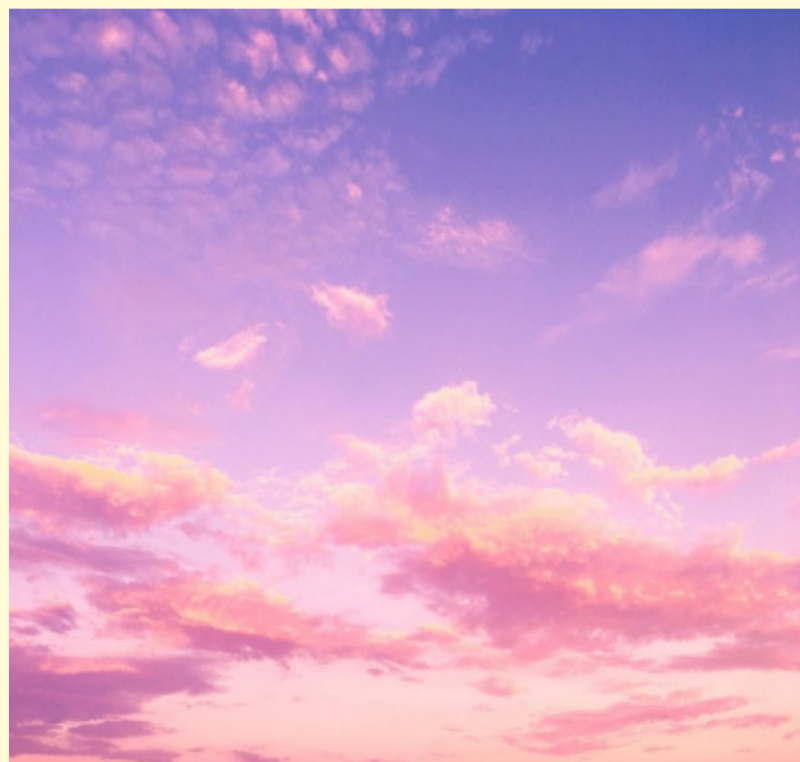
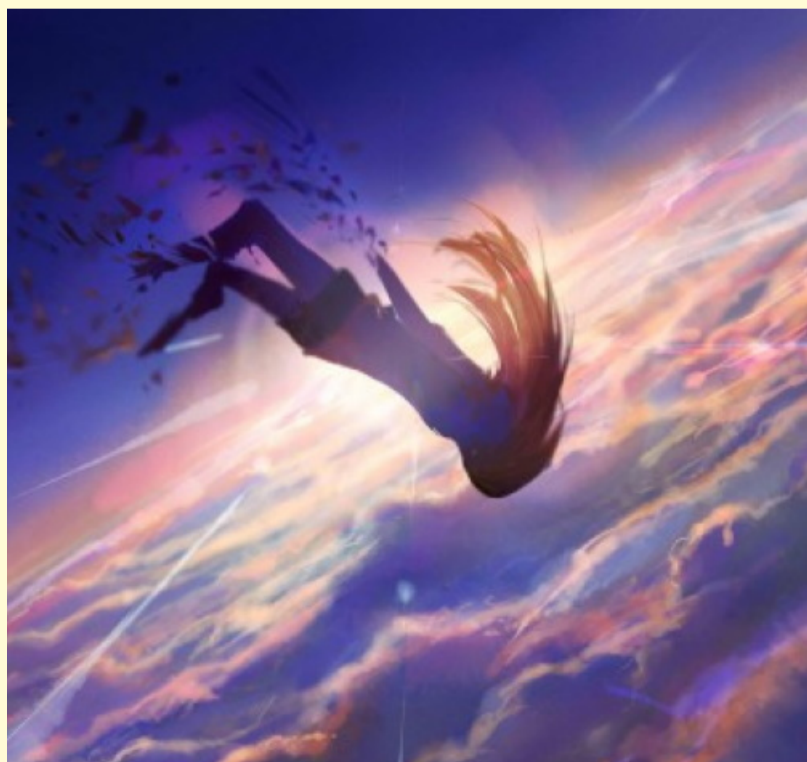
When I thought about what I know,
It seemed such a long time ago,
Now as I'm floating on a passing cloud,
I try to whisper but it comes out loud,

Then sinking slowly back into the mire,
Still it feels cool or am I on fire,
My feet are slipping, I am on thin ice,
These sensations are scary and not so nice,

Can't stop this movement of drifting back,
It feels I'm on a rope, with too much slack,
Is there no end to this, in my mind,
Drifting slowly back, so far in time,

Will I get stuck there like glue,
Because of the things, I know to be true,
Please give me the strength of hope,
Bring me back and pull in the rope,

Take me out of this confined bubble,
I'll stop drifting now, it's too much trouble,
Have to return to the here and now,
Find the way to stay there somehow



15th to 21st May 2020

From 11th May - Takeaway and delivery in the TRNC



Karakum - Tel : 0533 860 6815 (takeaway/local delivery)
Open : 11am to 8pm - See Facebook for menu



Karakum - Tel : 0533 842 2784 (takeaway/local delivery)
Open : 1pm to 9pm - See Facebook for menu.



Ozankoy - Tel: 0533 832 7090 (takeaway only)
Open : 9am to 5pm - See Facebook for menu

RAFTERS RESTAURANT



Ozankoy - Tel : 0533 849 7512 (takeaway/local delivery)
Open : 1pm to 9pm - See Facebook for menu



Esentepe - Tel : 0548 847 1221 (takeaway/local delivery)
Open : 12pm to 8.30pm - See Facebook for menu)



Alsancak - Tel : 0533 835 5133 (takeaway only)
Open : Sunday roast 5.30 to 6.30pm - Daily 1pm to 3pm.
See Facebook for daily menu

My first Lockdown Take-away meal from Al Shaheen, Karakum

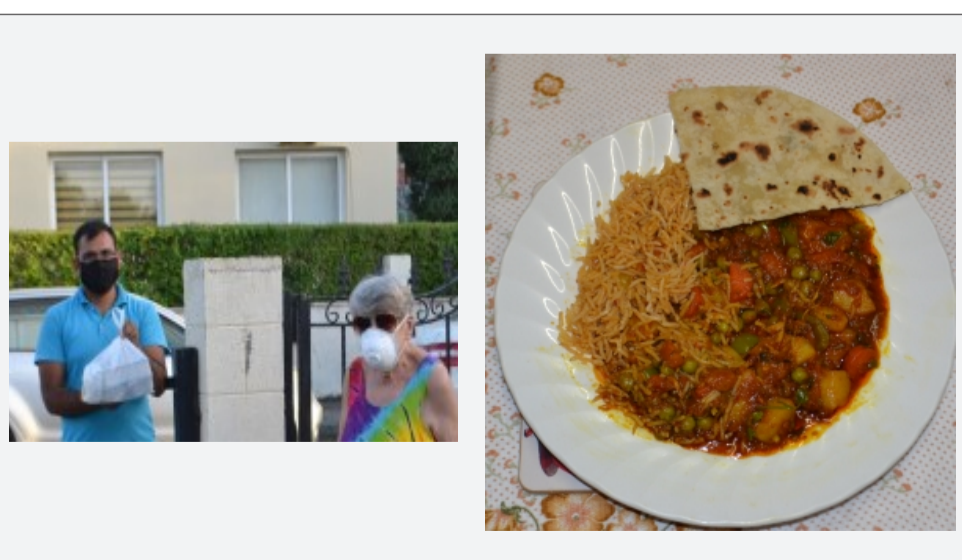
By Margaret Sheard....

Not being a brilliant or venturous cook, these last 2 months have been a nightmare for me trying to conjure up something different every evening.

So what a relief that takeaway and delivery services were made available from 11th May.

On Tuesday 12th May, we decided to have a delivery of a meal from Al Shaheen in Karakum.

A starter of Onion Bhaji and Vegetable curry and Chicken Ginger for our main course, we really enjoyed our first delivery and what a joy not having to cook!



15th to 21st May 2020



Hope 4 Pets - Murphy's Story



Hope 4 Pets are not able to do a lot in the way of rescue during the lockdown, so we thought we would share the background stories of a few of the recent rescues who are in our 2020 Calendar.

We don't normally come out to the TRNC in October, but it was a totally unplanned emergency visit, dog related, there's a surprise! October 2018 and the last lost soul to turn up at our door was Murphy, a very young almost all black pointer/lab cross, 1-2 years old, who arrived at our house in October 2018, He was just staring through the gate, no barking, just quietly looking for food and a place to call home!

Murphy was a very gentle quiet boy. We gave him worming/flea/tick treatments and a Paraband. As a tourist, you never imagine that the first thing you would find out about in the area is where all the vets are! but we do! and all are very helpful.

We of course fed him, and once we had returned to the UK our new dog sitter, the reason for our emergency dash to the TRNC, would also very kindly carry on feeding him in our absence. The dog sitter was to be at our house until the beginning of December.

We were now back in the UK and as Murphy had a new yellow collar on, we thought he may have an owner. I appealed on H4P, no one came forward, so I appealed again this time for a foster or permanent home.

Our dog sitter left early December, so our neighbour said he would carry on feeding Murphy. Our neighbour contacted us in early January to say that Murphy had gone missing for a couple of days which was unusual and when he returned he was missing his collar. He was also very subdued. I contacted Stephanie Harrison-Croft, who said she would be picking Major up for his injection and would check on Murphy. Stephanie thought he looked like he had a wound on his shoulder and she would return and pick up Murphy and

take him to the vets, which she did. He was given a course of antibiotics and he was booked in to be neutered.

In middle of January, it was necessary for our dog sitter to return to our house as Paddy was not doing great in the kennels, she would carry on feeding Murphy and Major too until Paddy's flight to the UK in March.

February was fast approaching and we still had no home for Murphy, there had been no offers of foster or permanent homes, we were now getting very worried for this lovely boy, the weather was cold and wet and March was fast approaching.

March arrived and Paddy travelled to the UK, and with no dog sitter, our neighbour once again took over the task of feeding Murphy, it was not ideal, but we had no alternative, he was left to roam around the neighbourhood, he didn't go far as he knew where the food was, and he knew he had shelter in the large wooden kennel we had bought which was in our garden.

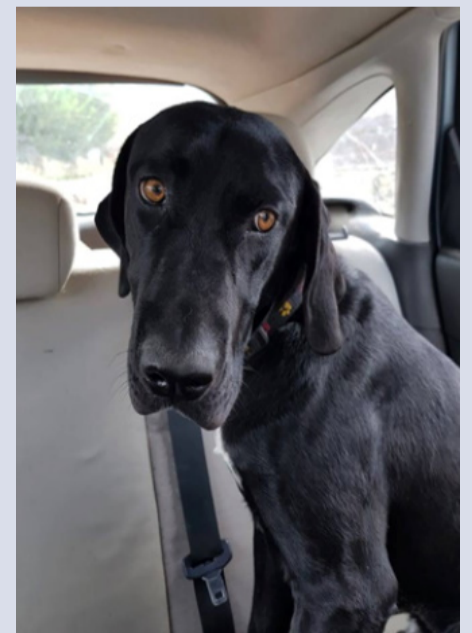
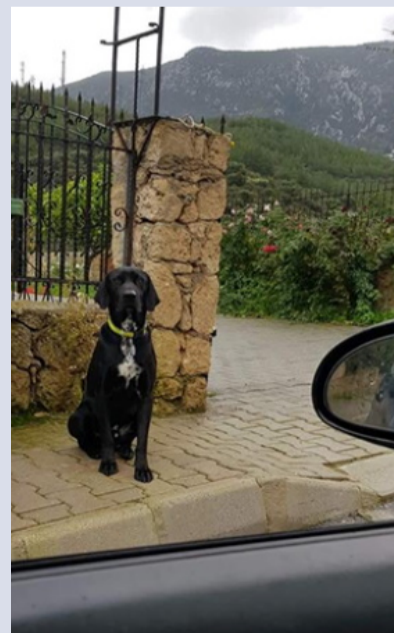
So from March to June he was fed by our neighbours and checked on by Stephanie & Bill, they also took him to the vets and he was neutered and had all his injections. We were losing all hope of ever finding him his forever home it had been 9 months!

In June 2019, we had some great news. Stephanie had been trying tirelessly to find Murphy a home, she knew how gorgeous he was, a lovely couple in the TRNC had fallen in love with his picture and wanted to meet him. We happened to be over in the TRNC and had been looking after Murphy for a couple of weeks when this news arrived.

We took him to meet Christine and David Harriman and their lovely rescue dog Pepper. Pepper and Murphy got on well, and I think Christine and David instantly liked him, we all went on a short walk, and then went back to their home where Murphy explored the garden and the house and fitted in perfectly, I was really proud of him, he behaved impeccably. I cried all the way home, he had the best home, but I would miss that lovely boy so much...

Nothing much has changed in the life of Murphy during lockdown, walking arrangements have changed, but he gets plenty of exercise playing with Pepper in the garden. Murphy can have his moments, he certainly is not perfect, he loves hunting, Lizards in particular, he loves a cuddle on the sofa and has a wonderful new family and a life he could have only dreamed of I do love a happy ending.

**Readers Mail from Elizabeth Stowell,
Admin Team (UK)**



15th to 21st May 2020

Yoga ~ Spiritual Evolution

Readers Mail ... from Stephanie Harrison-Croft ..

My own path in life has without doubt taken its own way in so many ways and with my own internal knowledge that was, as I now know, my own personal karma. From my earliest childhood memories, compassion and understanding for others was evident, be it for people and maybe more so for animals.

In 2012 I had the best of fortunes where it was my destiny to come by the Yoga Academy Turkey and instantly realised that my entire life had waited for this moment in time and my true spiritual awakening had only just begun. There was no looking back.

I seized the moment, Carpe Diem, and trained to become a yoga teacher so that I could share and spread the benefits, both mentally and physically to everyone on any level who was ready to experience similar to myself.

I qualified with determination and then went onward over the years to become a Senior Yoga Teacher, accredited with Yoga Alliance Professionals UK this year with over 4000 hours of teaching along

with other stipulated criteria under my belt. In part some given classes and experiences were in Thailand, Myanmar, Cambodia, Vietnam, Italy, Turkey, the UK and of course TRNC.

During the COVID-19 lockdown pandemic more precious time has been granted to me to personally develop further which has been a peaceful journey filled with serenity and calmness for which I am most grateful.

My regular classes have had to evolve also and online zoom classes now continue for everyone. Anyone who feels ready to continue their own Spiritual Evolution with my classes are welcome to contact me for further details which are suitable for beginners to experienced students. steph@stephs.me



15th to 21st May 2020

Lockdown Living - Patrick Myers, Killer Queen

Introduction by Margaret Sheard

There are many people in North Cyprus who will remember the fantastic concert of Killer Queen at Girne Amphitheatre in September 2019. I wondered how the current Coronavirus pandemic was affecting the members of Killer Queen and sent a message to Patrick Myers (lead singer) to find out how they were coping in the UK during lockdown.

By Patrick Myers – Killer Queen

Hello Margaret....

"Life off the Road".....

On the 14th of March at Brighton Theatre Royal we performed our last show. I'd already packed for a big tour of America - hopefully our biggest yet. I'd spent the last few months buying lights and having a touring Queen style set welded together. It was expensive but worth it. Planning the look is half the fun and we wanted to have a beautiful looking show for the States. Brighton was Friday night. Taxi was booked for Sunday morning to take us to the airport.

Brighton had actually had the first case of this Coronavirus thing. I live nearby and it was worrying but it hadn't stopped me from popping there now and then. I was pleased to be singing there that night. Wonderful to have a local show and be able to get home. Family life is a rare and precious thing if you tour all year, every year. Grab it while you can.

I'd been following the news about Covid19. Turned down a corporate event in January in Mongolia as

the news of this just surfaced. That seemed a needless risk and I didn't want our precious work visas for America to be refused just by going out there. I thought I'd dodged the bullet. But the news story wasn't going away. By late February this still seemed like a particularly nasty flu going round - something we needed to protect the very old from. Fortitude and grit would see down any virus in the general population. I'd put a plastic soap case in my pocket last time I'd

the assurances from the Oval Office, each State had independently concluded this was going to be serious and had closed. UK venues were all still open at this point but that now was surely a matter of time. All the nightmare news from abroad was now here. Of course it was here. How could it not be? This was going to be everywhere.

UK Lockdown officially begins a week later. The news that comes

I've spent all my adult life being lucky enough to have a job I love. Singing is brilliant fun. Performing Queen's songs is special for me and I know their music is very special for our audiences. Music is a magic that unites us and speaks to the fabric of us. The privilege to be able to sing for thousands of people, all together on one night, their arms in the air singing those beautiful songs along with us, vanished overnight.

I was asked to write about how this is for me. I feel a lot of conflicting emotions all at once every day. I'm thankful I have a home and family. I have no income. I'm in awe of the frontline workers. I'm horrified to see daily tragedies unfolding all over the world. I'm scared I don't know how the life I had a few weeks ago will return. I miss singing for people.

In the middle of all these things, life goes rolling on. My wife and I get used to washing and disinfecting our shopping - we develop a system with door handles and gloves. We go for walks and slow down at corners, stepping into the road in case someone is heading your way and you can't see them.

Continued on next page



Last performance in Brighton, UK. Photo by Kris Pawlowski

taken the train to see my parents in early March but that was purely to protect them. This wasn't something we had to worry about beyond that. It was only listening to late night World Service broadcasts that made me stop and wonder if we weren't all massively under-reacting about this.

The night before we were due to play Brighton I got the call. The USA tour had cancelled. Despite

through now is all from our doorstep. The shortage of PPE, the nurses coming back from retirement and succumbing, the bus drivers in London, the care-homes all over the UK, the lack of testing anywhere. The exponential nightmare that you vaguely remember Gwyneth Paltrow dealing with in some faraway film is now the reality.

You go to bed and forget. Wake up and it's still here.



15th to 21st May 2020

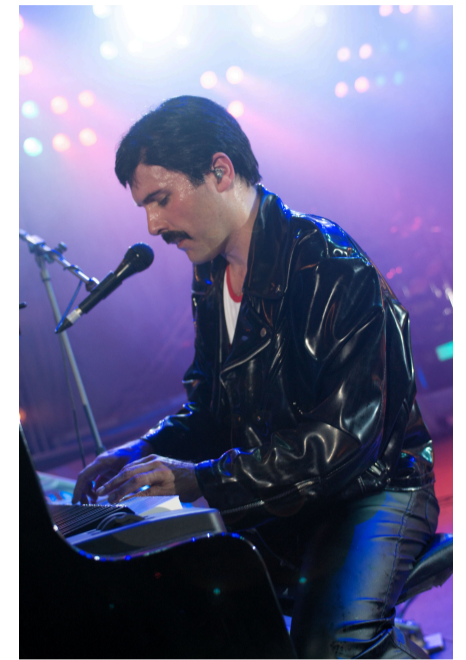
continued Lockdown Living - Patrick Myers, Killer Queen

Your parents get used to Zoom calls. Your parents-in-law insist they still don't need the internet. They want you to tell them how long this will last for and that everything will be alright. You cheer each other up with jokes. There's no family plans for that six day gap in Summer when you're back from America before heading out to Europe. None of those plans exist anymore.

Here you are. You're in the house with all your kids – including the hairy one you'd just tearfully said goodbye to for what should have been his first year at University. The time you dreamed of carving out for them is right here. There's just now. A lot of now. And sometimes that's scary. And sometimes now is beautiful. Sometimes you feel like your former militarily planned tour life is now a terrifying open vista. Sometimes it makes you feel like you're a teenager again and your life is a fresh page.

I guess we all take this one day at a time and try to be there for each other. We're all going to need a hug or a phone call and a smile. Life is always a mass of contradictions - and right now is a very concentrated measure of life. All it's extraordinariness and it's ordinariness. The unexpected beauty and the unstoppable loss.

At the end of all of this I have no idea if the life I had is one I'll return to. But I do know I'm massively grateful to the people who put themselves out there in hospitals, care-homes, supermarkets or assembling and delivering food parcels for the hundreds and thousands of people who have needed help though all of this. I feel embarrassed when I



catch myself dwelling on my own worries. These people step up day after day with or without protection for themselves.

I've tried to think what I had to offer positively with what I do. Your instinct is to give something of your own but that falls down. I work in a medium where people only know us and come to see us because really they want to see and hear someone else – a happy memory from a different time.

Then I remembered an old song I'd written ages ago. I wrote this as a homage celebrating Queen but also about the slightly surreal position of being in a tribute – the job didn't exist when I was growing up. (I'm still a bit surprised this career ever happened to me.)

But the reason this song is seeing the light of day is because it's also about staying strong when the magnification on life dials up too high. And that is now.

When I put the headphones on as a kid and listened to Queen it felt exciting, witty and brilliant but it also felt like a security blanket. Queen's songs so often have their



roots in a defiant optimism. A world that could dazzle you but look out for you.

This is my attempt at a makeshift home-made security blanket.

There's a Justgiving page for the NHS if you'd like to donate to the NHS Charities Together. See link shown below :

Be great to see you all again. Until then folks....

<https://www.justgiving.com/fundraising/musicians4nhs>



<https://www.facebook.com/KillerQueenOnline/videos/267981984328978/>

15th to 21st May 2020

In lockdown and isolation and needing a haircut

Readers mail....

Richard Chamberlain....

In these days of "lockdown" and not being able to get to the hairdressers or barbers, it reminded me of the time I was stationed in the army in Cyprus in 1954.

My twin brother and I used to cut each others hair before we went in the army, because in those days, there were all sorts of "Film Star" styles, like Tony Curtis and something called "D/A" (Ducks Arse!). So when we had to do our National Service when we were 18 years old, I took my hair clippers in the army with me.

When my twin brother and I were posted to Cyprus, it was ideal because we could still cut each others hair how we liked it instead of how the army barber did it. One day, I was cutting his hair in the "billet" where we slept, when the other soldiers in the room, said if you can just trim hair instead of the way the army camp barber does it, will you cut mine?

So I said certainly. But it will cost you 6d. The army barber charged 1/- shilling!

Just at that time, the regimental "post orderly" (postman) was sent back to the UK, so I was offered his job. I jumped at it because I was allowed my own room, and I could carry on my hair cutting in relative privacy.

The "business" soon took off, because the soldiers really wanted to keep long hair and only wanted a "trim" up the back. And when they went on parade and were told to "Get your hair cut", they came to me. Although I only charged 6d (in old English money), I made enough every week to not have to

take my army wages, which were 28/- shillings per week.

One day, I was cutting hair in the post room, with several men sitting waiting to have their hair done, like a proper barber, when in charged the regimental Sergeant Major. He was a big bully of a man. He shouted at me, "what the bloody hell do you think you are doing Chamberlain?". I jumped to attention, and said "Cutting Hair SIR!", He said we have a camp barber to do that. You are taking the food out of that man's mouth!

He then said to all the men sitting around, "You lot, get down to the camp barber, and get your hair cut". The man in the chair had half the army Cyprus hair cut, and had to walk through the camp to the camp barber to get it finished off.



The Sergeant Major said "I don't want to see you doing that again, Chamberlain", so of course I said "No Sir".

I thought my business was finished until about 3 days later, a Corporal knocked on my window at 6 o'clock in the morning and said "I need a trim up", I am on parade in 15 minutes. I said I am sorry, but I have been "warned off" by the Sergeant Major. He said to me if I

didn't do it, he would put me on a charge. So he came into the post room and I trimmed his hair.

After that, I thought that if it is good enough for him, I would start if off again to see how it goes. I think the Sergeant Major knew I was doing it again but decided to turn a blind eye. So the soldiers were happy getting the trim that they liked, and I was happy making money.



Above : Richard and his twin brother Mike
Below : Richard's clippers



Above : Richard outside his post office
Below : Wireless Regt. 4 mile point, Famagusta, post office room was top right corner





BLUE SEA

Seafood Restaurant

A feast right from the sea...

15th to 21st May 2020

Iskele Belediyesi keep up pressure to prevent more infections

By Roger Bara....

Despite the slight relaxing of the lockdown in the TRNC since May 4th, a stark warning has been issued by the Mayor of Iskele, Hasan Sadikoğlu. He is emphasising that all picnic and sports areas, including the many kilometres of walking and running tracks in the area, are still completely out-of-bounds to everyone.

“The good days are near.” With the weather warming up, there is a worry locally that many people will be tempted to get out of their residences and onto the public beaches and parks. The police are continuing to take action on those

not following the social distance rules, and any existing rules that are not followed will result in legal action against the culprits.

Mr. Sadikoğlu said the country

was being taken down a successful road in the fight against the Covid-19 virus in the T.R.N.C. “We are getting good news, but this good news should not let us down, it should never cause us to relax”, he

added, stressing the importance of social distancing and the need to wear masks outdoors. He also repeated his call for people to stay at home unless there is an emergency.



Üstel received Res-Bir Chairman Kayım & Board Member Aktunç

The Minister of Tourism and Environment, Ünal Üstel, met with Salih Kayım - President of the Northern Cyprus Restaurant Association (Res-Bir) and Serhan Aktunç - Res-Bir board member.

During the meeting, a letter containing the demands of the Union was presented to Minister Üstel by Res-Bir President Kayım.

Making a brief statement regarding the acceptance of Res-Bir officials, Minister Üstel stated that he believed that this extraordinary process of the country, due to the global epidemic, would be overcome with all economic sectors.

Stating that the demands conveyed to him will be evaluated, Minister Üstel pointed out that all the stakeholders of the country's tourism are very important for the

country's economy and underlined that they have started legal arrangements for the sectors to continue their activities in cooperation and harmony.

Noting that they held intense consultation meetings with all the political party officials to determine the sector-related expansions with all the sectors that make up the tourism sector, Minister Üstel said, “In order to turn this extraordinary process into an advantage, we continue our efforts to review the points that require legal regulations and make necessary arrangements.”

In his statement, Minister Üstel also emphasised the importance of cross-sectoral cooperation, saying, “Each of the tourism investments that provide the greatest added value to the country's economy is important to us. Among these

investments, our hotels have no doubt that they have an important value both in terms of brand value and added value of our country. "It is vital for our sectors to act discreetly, be patient and understanding, act in a way that

contributes to unity and solidarity, and to regain our country's economy in a short time," he said.

Source (Turkish) :
Ministry of Tourism and Environment



15th to 21st May 2020

BRS Coronavirus News Update 10th May



The British Residents' Society published very important news 10th May 2020 with the latest information provided through their ongoing liaison with the TRNC authorities about the Coronavirus Regulations which we are sharing for other readers who are seeking the latest facts and information.

UPDATE – 10th MAY 2020

As most of you may have seen, following the reopening of most businesses, the numbers of people 'out and about' was more than estimated, although the TRNC are now being the victims of their own success. No new infections for over two weeks, people isolated for two months – really what did they expect?

Also, despite clear rules regarding recording the details of 'customers' entering businesses this was clearly ignored and the 'track and trace' objective in the event of another infection was nullified.

We have all seen the daily violations being 'advertised' on various social media platforms but, as we know, these bear no resemblance to the way many people are behaving. The numbers of people NOT wearing masks is many times the official figures.

As a result, the Covid-19 Coordination Council President, Dr Sibel Siber stated that it is the obligation of both institutions and individuals to obey the rules such

as hygiene, mask, and social distance set by the Council of Ministers. Pointing out that if the rules are not followed and the specified measures are not taken, the risk will be created, Siber warned, "We can close again in case of any negativity."

Siber said that if we do not follow the rules in the normalization process called the 2nd stage and take the specified measures, we will create a risk and close again in case of any negativity. Siber, who made evaluations about the soldiers and other people who came to our country by sea the day before, mentioned the importance of transparency in such events. Siber pointed out that we are a small island and that our connection with the outside world is made only by sea and air, and that it is an advantage and care should be taken not to turn our advantage into a disadvantage.

Stating that it is reassuring not to detect a positive case in long-term tests, Siber said, nevertheless, precautions should be taken, and risks should not be created in order not to experience heavy tables that may cause an epidemic. "Everyone should be self-supervising"

Pointing out that these two weeks are an especially important process, Siber warned citizens to follow the rules and take precautions. "Let's not turn the advantage into a disadvantage"

EX-PATS STUCK IN THE TRNC

We are aware of UK citizens being 'stuck' here in the TRNC and unable to return to the UK. We have spoken to the British High Commission who continue to liaise with the Foreign and Commonwealth Office to discuss repatriation to the UK. Repatriation flights from Cyprus to the UK will ONLY NOW happen in cases of serious illness or for extreme humanitarian reasons.

No further flights are planned.

CURRENT REGULATIONS IN RESPECT OF THE 'GREEN LINE'

Currently there is a ban on moving across the Green Line which is in force until further notice. As the dates continue to be extended, we will advise when there is going to be a change.

TRNC HOMEOWNERS STUCK IN THE UK

We are all aware of those unfortunate individuals who, through no fault of their own, are stuck in the UK, as well as other parts of the world.

Since this 'lockdown' began we have repeatedly spoken to Ministers and Senior civil servants with a view to them being allowed to return to the TRNC, albeit having to undergo a period of

quarantine. We understand that there is a cost to such a move, but the Government will not allow them to return – just yet.

They have advised that when this decision can be reversed it will be and we have asked to be told in advance to facilitate travel planning.

Once we receive ANY information, we will circulate that information to all interested groups.

We can only hope that the action this Government has taken on everyone's behalf, allows for that decision to be made sooner rather than later.

RESIDENCY

We are currently awaiting confirmation of the date when the Police immigration offices will reopen. The 'online' system is still not functioning fully so we would recommend that once we do in fact have confirmation of the above date, that you consider using the 'original' method.

The complete 'end to end process' can be found on the BRS website in the members section under RESIDENCY.

Please note that the days of needing to attend the Immigration Office in Lefkosa, arriving early just to be assured of getting seen, are now gone and the appointment system is in place as per the above document.

Editor's note: For those readers wishing to learn more of the British Residents' Society and registration as a member the link is <http://www.brstrnc.com/>

15th to 21st May 2020

Isolation Challenge - TRNC Quiz Masters 9th online Quiz

We have been publishing many readers letters of ex-pats who want to return to the UK from Northern Cyprus, and also those who want to return to Northern Cyprus from around the world who have homes in the TRNC and are unable to return due to both flight and border restrictions because of COVID-19 prevention measure. We have also had letters telling us how people are dealing with Lockdown restrictions.

For those readers who would also like to share their experiences please email using the link shown below and we will try to publish them on our website and in our weekly online e-newspaper. Let's try to make the world happy again by sharing good news.

For those people who are wanting to return from the UK to the

TRNC or go from the TRNC to the UK please go to Facebook page "TRNC Residents trying to get home" using the link shown below and register your details as directed.

Readers Mail... Susie and Martin - The Quiz Masters

Susie's 9th online quiz on 14th May 2020.

We had another full online quiz night with 14 teams!! All of us in isolation taking part from Germany, Sweden, the TRNC and UK.

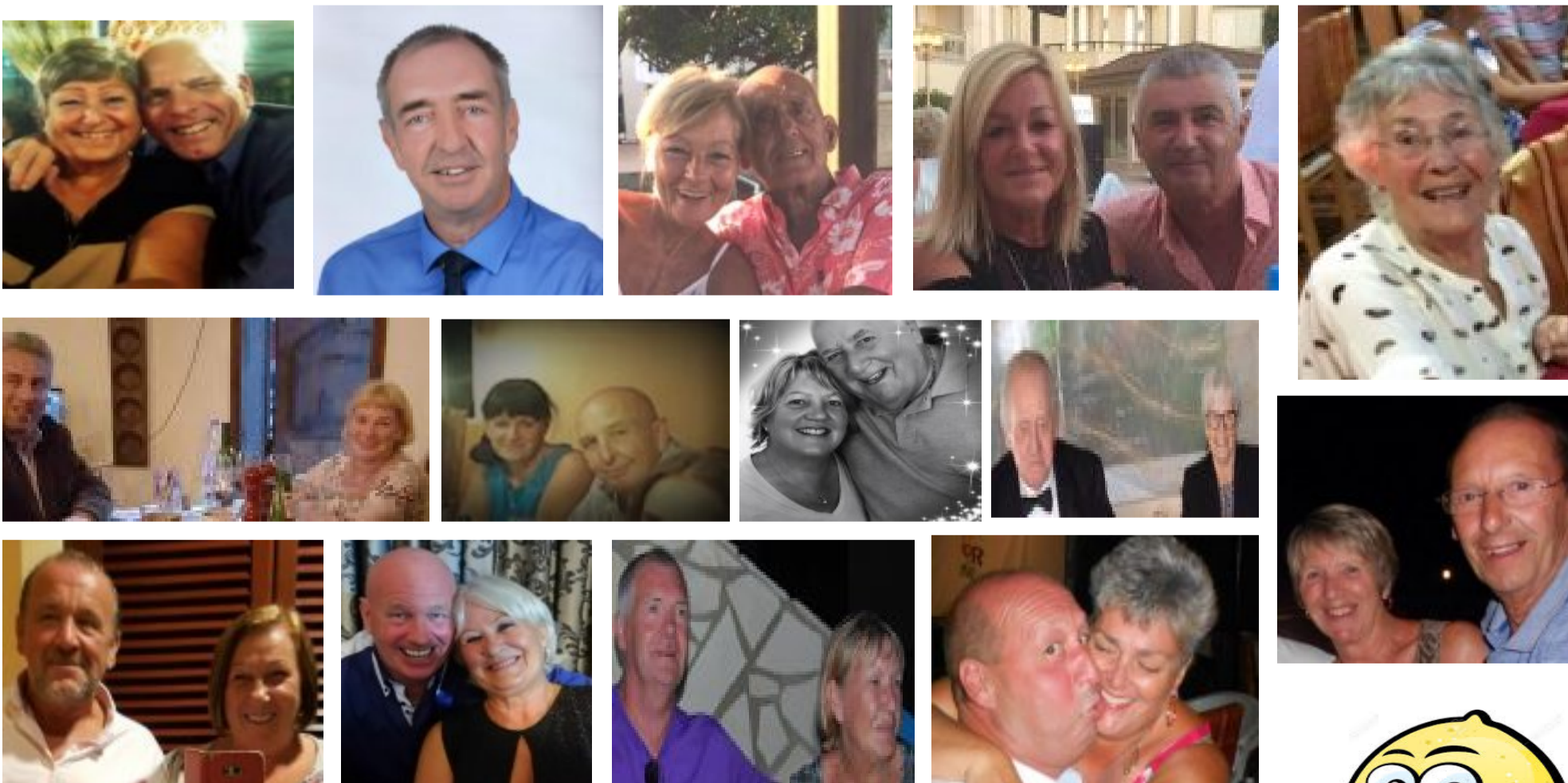
There were 20 questions on general knowledge and a music quiz on Title, Artist, and Link which was Celestial Bodies.

The results were:

- 1st Butch And Sundance 52 Pts
- 2nd Fridge Raiders 46 Pts
- 3rd Don't Mention The War 45 Pts
- 4th Joint Bell-Bottoms, Flippers 43 Pts
- 5th Gin'll Fix It 42 Pts
- 6th Anglo Swedes 41 Pts
- 7th Dixies Chix 40 Pts
- 8th Joint The Lemon Lovers, Social Distancers, Locked Up 37 Pts
- 9th Clappers Ahoy 33 Pts
- 10th On My Own 31 Pts
- Lemon Loser The Outsiders 30 Pts
- Shut Ya Gobs, Charlie Bell 1, Griff 3, Smasher 1 !!

Thank you all again for joining us, see you next week. Luv all u Quizzers!!

Susie n Martin xxxx



BELLAMERIT

Fine Italian Cuisine

*Exquisite delicacies of
Italian Cuisine at Bella Merit...*

15th to 21st May 2020

Isolation Challenge - Craig & Christina Toms stuck in the UK

We have been publishing many readers letters of ex-pats who want to return to the UK from Northern Cyprus, and also those who want to return to Northern Cyprus from around the world who have homes in the TRNC and are unable to return due to both flight and border restrictions because of COVID-19 prevention measure.

We have received a new letter from Craig Toms who wants to return with his wife Christina to their dream home they have bought in Northern Cyprus.

For those people who are wanting to return from the UK to the TRNC or go from the TRNC to the UK please go to Facebook page "TRNC Residents trying to get home" use the link shown below and register your details as directed.

For those readers who would also like to share their experiences please email the link shown below and we will try to publish them on our website and in our weekly online e-newspaper.

Let's try to make the world happy again by sharing some good news where we can.

**Readers mail...
Craig Toms.....**

Hello Chris,

My wife Christina and I recently celebrated our wedding anniversary on Saint George's day. Like many celebrations around the world, the current epidemic spoiled our plans.

Having retired in December 2019 we spent a month at the beginning of 2020 in Lapta, North Cyprus. Having been stationed in Episkopi back in the 80s we wanted to compare both parts of the Island. During our stay we had a wonderful time and were impressed by the community spirit and local people that did so much to make us feel welcome.

After an extensive search along most of the north coast road we

found what we hope will become our dream home. Being so focused on our objective the early development of the virus went largely unnoticed due to our excitement. Little did we know that the global epidemic that was about to occur when we flew back from Ercan airport.

Although our UK house sale is due to complete in the 3rd week of June, we still wait for news from the TRNC on the border and port reopening and whether going into quarantine awaits us when we arrive. Monitoring the situation

from the UK is frustrating and stressful as much still needs to be completed to make our dream a reality. While lockdown measures in the UK seem miles behind what we read about what has been happening in North Cyprus we hope to join you sooner than later.

To those of you who may remember us asking endless questions about living in the TRNC please stay safe.

Best regards

Craig and Christina



CyprusScene Email : kyreniacommentator@cyprusscene.com

TRNC residents trying to get home - <https://www.facebook.com/groups/855953861515372/>

St Andrews Church, Kyrenia, May 2020 magazine

For those followers of St Andrew's Church, Kyrenia we are pleased to share with you their May 2020 magazine which is so full of information. Link shown below.

The first article that catches the eye is that of Dr Rima Nasrallah's talks at the Diocesan Synod, with Session 3: Lent – The Wilderness.

Pat Etherington said in her letter "I hope you are all well and have come through the "Lockdown" safely so far and will continue to do so.

The good news from Northern Cyprus is that we haven't had any new cases for about 17 days and hopefully this will continue. We have been very fortunate that we have only had 4 deaths so far but as far as we are concerned it is of course 4 too many."

Pat also talks about some experiences in lockdown and also her favourite garden features and in this month's magazine there are lots more interesting features.



<https://cyprusscene.com/wp-content/uploads/2020/05/St-Andrews-Church-Magazine-May-2020.pdf>

15th to 21st May 2020

Isolation Challenge – The Govender family stuck in Qatar

We have been publishing many readers letters of ex-pats who want to return to the UK from Northern Cyprus, and also those who want to return to Northern Cyprus from around the world who have homes in the TRNC and are unable to return due to both flight and border restrictions because of COVID-19 prevention measure.

We have received a new letter from Cliff Govender who wants to return to the TRNC with his wife Nel, and children Leah, Joshua, and little Lily from Doha in Qatar via London but are currently stuck in Qatar.

For those people who are wanting to return from the UK to the TRNC or go from the TRNC to the UK please go to Facebook page "TRNC Residents trying to get home" use the link shown below and register your details as directed.

For those readers who would also like to share their experiences please email the link shown below and we will try to publish them on our website and in our weekly online e-newspaper. Let's try to make the world happy again by sharing some good news where we can as well.

**Readers mail...
Cliff Govender.....**

Hello Chris,

I'm writing to share our story and the challenges we have and are facing during the lockdown.

Myself, wife and 3 young children are British nationals and we currently live in the Middle East. We decided late in 2019 that after 5 years in the Middle East we

wanted to settle elsewhere for various reasons. Having visited TRNC a couple of times and after purchasing an apartment in Iskele in October 2019, we sold some of our existing furniture and shipped the rest of our possessions on 29 February.

Our expectation was that the goods would arrive in TRNC when we would at approximately end of March / early April. We also had to move out of our Villa here in Doha, Qatar, and into a serviced apartment for what we thought would be just a month...

Due to COVID-19, understandably governments have shut their borders and all travel stopped. This has created some chaos for us and my wife had to request from her employer an extension of her resignation period. Thankfully they accepted and they have been very accommodating toward us. Myself, being self-employed I had to stop working.

Our goods arrived in Famagusta during the 1st week in April. Our shipping agent has contacted us to advise that the shipping company and the local agent in TRNC will charge us an extra £3,500 as we cannot be physically present in TRNC to collect our goods. This is in addition to the £4,000 that we already paid to have the goods shipped out of the Middle East.

Despite many attempts to plead with them and explain that the costs were exorbitant they will not budge. They will not accept that we could not travel to TRNC due to the COVID-19 virus and the fact that the borders have been closed and that travel bans prevented us from travelling.

They have effectively blackmailed us into paying these extortionately high fees! They have given us no other options nor have they shown any empathy or acknowledged the situation we face.

On a positive note, the private schools we've contacted have been very receptive and flexible and the TRNC government seem to be doing a great job controlling the pandemic.

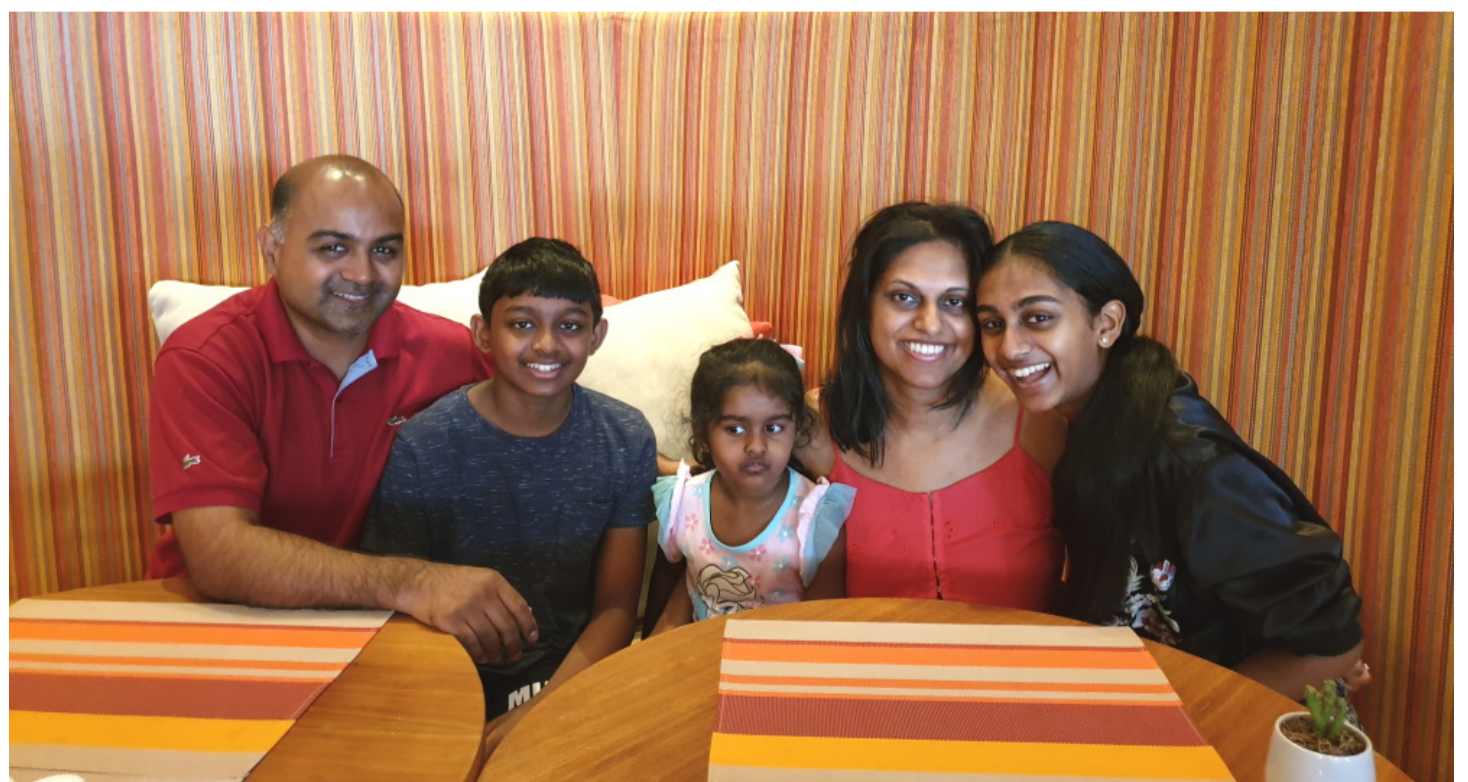
Even the real estate agents have been very kind, accommodating, sharing information and generally easy to deal with.

We hope that we will be able to travel in early July and we look forward to making TRNC our home for the future.

Stay Safe!

Best regards

Cliff Govender



CyprusScene Email : kyreniacommentator@cyprusscene.com

TRNC residents trying to get home - <https://www.facebook.com/groups/855953861515372/>

15th to 21st May 2020

Bicommunal Technical Health Committee video conference

Bicommunal Technical Committee on Health held a video conference meeting yesterday (13th May) which was attended by the authorities of the United Nations Good Offices Mission.

The committee has been working with close cooperation and dialogue regarding the Coronavirus pandemic (COVID-19) since February.

During the meeting both sides shared information about their current situations and scientific

data as well as the normalisation steps.

Mutual crossings for vital health and humanitarian issues were also discussed during the meeting and it was agreed to continue working in coordination and meeting more frequently.

Source :
TRNC Public Information Office



Photo from a previous Bicommunal Technical Committee meeting

Girne Mayor Nidai Güngördü Celebrates World Nurses Day

In the information given from Girne Municipality, Mayor Nidai Güngördü visited the Girne Doctor Akçiçek Hospital, and celebrated World Nurses Day with the devoted employees of the health system.

He emphasised that doctors, nurses, midwives and healthcare professionals work hand in hand for the sake of public health. In a period when the COVID-19 Epidemic threatened the health of communities, Güngördü noted that nursing was a difficult job requiring great devotion, by doctors, nurses and healthcare workers with their time, both day and night, away from their spouses and their families.

Güngördü, noted that healthcare workers, whose burden was already heavy, continued their work in very difficult conditions with the COVID-19 epidemic, and stated that nursing is a very important element in the health system for the nurses who are in direct contact with the patients to

ensure the best execution of their treatment.

Giving that healthcare workers fulfill a very difficult and sacred duty, and their importance emerged once again during the COVID-19 epidemic, Güngördü emphasised that healthcare

workers are well managed in the city and in the country. At the end of his speech, Güngördü celebrated the day by thanking all nurses for their selfless efforts for public health on behalf of himself, Girne City Council and the people of the city.

Güngördü gave carnations to all nurses one by one, and the nurses thanked him for his kindness.

Source (Turkish) :
Girne Municipality



8th to 14th May 2020

Abdaliev creates a sculpture for Cyprus Modern Art Museum

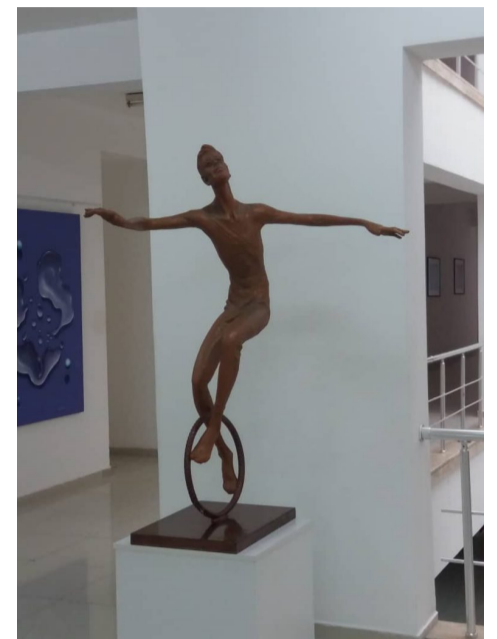
By Ahmet Abdulaziz....

Isken Abdaliev, an artist from Kyrgyzstan, recently built a sculpture entitled "Balance", for the Cyprus Museum of Modern Art.

According to the information provided by the Near East University, Abdaliev built this sculpture to exhibit the extent to which the inner balance of human beings is being affected by the ongoing changes in the world,

particularly in the present Coronavirus pandemic.

According to Abdaliev, he tried to put in light the fast changes in the world, which bring a new challenge every day. Human beings, in order to cope with these changes, are required to adjust themselves to meet all these challenges and necessary changes. Thus one has to constantly continue balancing his life, in order to accept these changes. This is what his latest sculpture depicts.



EMU Aquabotics team into next round of Teknofest Festival

By Ahmet Abdulaziz....

The Autonomous Unmanned Submarine Robot Team "EMU AQUABOTICS", comprising of students from the Eastern Mediterranean University (EMU) Faculty of Engineering, Mechatronics Engineering, Electrical Electronics Engineering, Computer Engineering, Software Engineering and Industrial Engineering departments, passed the first stage of eliminations for the TEKNOFEST aviation, space and technology festival.

Pioneered by the Republic of Turkey Ministry of Industry and

Technology and organised with the support of Turkey's major institutions, the festival is scheduled to be held in Gaziantep on September 22 - 27 2020.

According to the information provided by the Eastern Mediterranean University, the students of the University worked hard to create the underwater robot "Caretta2". This robot managed to get 9th place among the 127 competing teams. They received 90,000 points in total.

In a statement made by EMU AQUABOTICS Team, "The pandemic could not stop our

experienced team. We proudly share our success in the TEKNOFEST contest. Our team, which ranked 9th out of 127, successfully passed the first elimination process. In achieving this success, as well as our university who has made great contributions, we would like to thank our sponsor, "SHIPYARD FAMAGUSTA".

The EMU AQUABOTICS Team is one of the biggest champion candidates of the TEKNOFEST Aviation, Space and Technology Festival Unmanned Underwater Systems Competition.

In addition to the EMU AQUABOTICS Team, another Robot Team named "EMU Crows" formed by the Robotics and Automation Group operating under the EMU Student Branch of the Institute of Electrical and Electronics Engineering (IEEE), won the championship at the ROBOTEX competition held in Tallinn, Estonia on December 1, 2019, in the "Mind Controlled Robot" category.



15th to 21st May 2020

15th Cyprus Silk Cocoon Festival going online on 22-23 May

With the cooperation of Girne Municipality, Beylerbeyi Mukhtar, and the Green Peace Movement, a press conference was held on 13th May in the Girne Municipality Service Building regarding the festival that will take place on social media.

Mayor of Girne Nidai Güngördü, Beylerbeyi Muhtar Niyazi Engin, Green Peace Movement Secretary General Doğan Sahir attended the press conference.

Due to the COVID-19 pandemic, organisations such as festivals and concerts in the world and in our country have been banned as a precautionary measure. Festivals which normally take place all over our country during the spring/summer period have been interrupted within the scope of the measures taken. Girne Municipality has provided morale motivation for both citizens and Cyprus Silk, in order to contribute to the continuity of the Cocoon Festival, and it is breaking new ground and making a concept change by organising the 15th Cyprus Silk Cocoon Festival on May 22-23 this year on social media.

Doğan Sahir, the Secretary General of the Green Peace Movement, stated that the Cyprus Silk Festival will be held this year on social media due to the COVID-19 outbreak, and emphasised that health, human and environmental issues are closely related.

Stating that people are moving away from nature and culture due to migration, war and life quarrels in Cyprus, which is located at the most important point of the Mediterranean and where cultures

are blended, he said that they organised the eco-festivals to keep the values of the country such as Cyprus tulips, mulberry trees, silk cocoon cultivation and crafting alive, and to bring these values to the future and to obtain economic and touristic value.

Beylerbeyi Muhtar, Niyazi Engin, emphasised that the Coronavirus pandemic negatively affects such organisations all over the world and noted that they need to hold the festival, which they plan to organise with innovations, by developing it again this year.

Engin stated that despite this, the festival will come to life with a colourful and beautiful program and said that they would work to introduce, sell and meet the silk cocoon workers, not only during the festival periods, but also throughout the year.

Mayor of Girne, Nidai Güngördü, reminded that organisations such as festivals were suspended all over the world due to the COVID-19 pandemic, and that they decided to go to a concept change and make it through social media so that the festival is not

interrupted. Given that the festival cannot be celebrated in the village square by setting up booths this year, it will take place through social media with full content. Güngördü stated that with the work they will do, they will reach the silk cocoon handicrafts throughout the year.

Saying that important steps have been taken to establish a cooperative related to silk cocoon work for more than a year, Güngördü said that the contribution of the Municipality to the cooperative will be determined and who will be the founding members.

Güngördü gave information about the content of the festival at the end of his speech and thanked everyone who contributed to the forthcoming festival.

The festival will start on Friday, May 22, at 15.00 with Facebook, video messages from Girne Mayor Nidai Güngördü, Beylerbeyi Muhtar Niyazi Engin, Green Peace Movement Secretary General Doğan Sahir.

On Friday, the history of Silk

worm and Silk Cocoon in Cyprus, Cyprus Silk Cocoon Festival slide show from past to present, Silk Cocoon and Silkworm Farming in the Country, Cyprus and Mulberry Tree Presentation, and video shows on "Traditional silkworm and dowry tradition in Cyprus". The screening of the short film entitled "I Weave My Cocoon" and the video show of the play "The Prisoner on Second Street" of Girne Municipality Theater Studio.

On Saturday, May 23, at 16:00, there will be a video presentation of Cartoonist Musa Kayra on "Silkworm and Corona", a short video presentation on "Transformation of Silkworm" of Girne Municipality Children's Council, presentation on "Health benefits of Mulberry Fruit" and poetry of Cypriot Poets will take place.

Presentation at 17:00: Benefits of Mulberry Fruit for Our Health Naile SOYEL - Food Engineer (Video), Poetry at 17:30: Poems from Cypriot Poets: Gülşen Şenderin, Hasibe Şahoğlu, Yılan Taşçı, Şirin Zaferyıldızı Zaimağaoğlu, Altay Akalın, Turgay Akalın, Ahmet Ömerağa (Video) will be held in cooperation with Girne Municipality and Cyprus Turkish Writers Union.

At 19.00 there will be a repeat of the TRNC Symphony Orchestra concert on September 6, 2019 at Girne Amphitheatre and the festival will end with a live broadcast concert by the Gancelli Group at Girne Amphitheatre, without an audience.

Source (Turkish) :
Girne Municipality



15th to 21st May 2020

Emergency Telephone Numbers

mobile numbers are prefixed 0533 or 0542 or 0548
landline numbers are prefixed 0392

POLICE

Emergencies	155
General	228 3411
Girne	815 2125
Lefkosa	228 3311
Gazi Mağusa	366 5310
Guzelyurt	714 2140
Lapta	821 8512

FIRE

Emergencies	199
Forest Fire	177
Girne	815 2111
Lefkosa	227 1259
Gazi Mağusa	366 5389
Guzelyurt	714 2200

AMBULANCE

Emergencies	112
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HOSPITAL

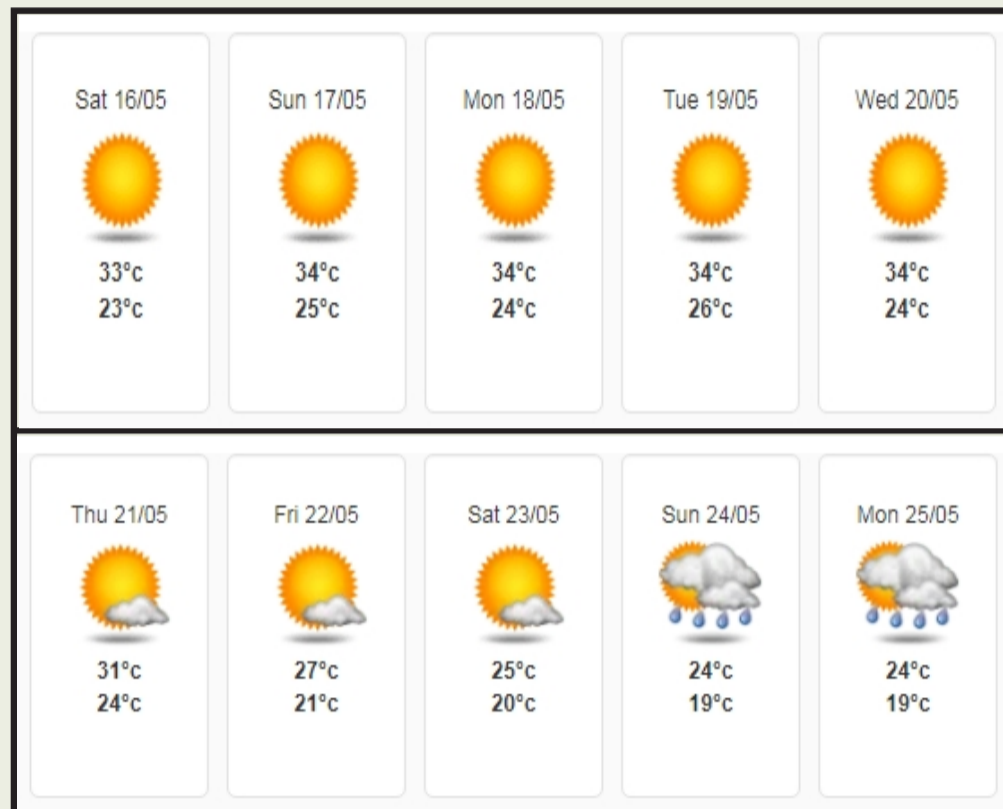
Girne	8152266/815 2254
Lefkoşa	228 5441;
Gazi Mağusa	3662876/3665328
Güzelyurt	714 2125

ELECTRICITY

Electrical faults	188
Lefkoşa	225 3436
Girne	815 2223
Gazi Mağusa	366 5514
Güzelyurt	714 2122

WATER

Water problems:	
Lefkoşa	228 3315
Girne	815 2118
Gazi Mağusa	366 4483
Güzelyurt	714 3516

Kyrenia Weather (from 16th May 2020)**10-day Forecast****14 Sporting TRIVIA Questions and a STINKER Question**

By Richard Beale.....

This weeks **SPORTING QUIZ** plus the **STINKER QUESTION** are here and the answers will appear in the CyprusScene Enewspaper, on **page 31** and the answer to the "Stinker" question will appear in next week's edition.

- Q 1:** Who is the National Coach of the Wales football team?
Q 2: In which sport would competitors use a piece of equipment know as a foil?
Q 3: Frankie Dettori won 7 out of 7 races at which racecourse in 1995?
Q 4: What is the largest capacity cricket ground in England?
Q 5: At which sport is 180 deemed the "perfect score"?
Q 6: Which sport involves "tucks and pikes"?
Q 7: The 1980 film Raging Bull starring Robert De Niro was based on which boxer's life?
Q 8: Name the only football club to have sacked Sir Alex Ferguson as a manager?
Q 9: Which country has produced the most Formula 1 World Championship winning drivers?
Q10: Which boxer inflicted Muhammed Ali's first defeat in professional boxing?
Q11: Which sport would you perform a "Fosbury Flop"?

- Q12:** Babe Ruth was associated with which sport?
Q13: In cricket when an Umpire raises both hands up in the air what is he signaling?
Q14: Which League 1 football team is known as "the gas" or the Pirates?

STINKER Question (answer in next week's Enewspaper.)

A very hard one this week! Who is the only football player to have scored in the English Premier League, Championship, League 1 and 2, Conference League, Conference League South, FA Cup, League Cup, Football League Trophy, FA Trophy, Champions League, Europa League, Scottish Premiership, Scottish Cup, and the Scottish League Cup?

IT'S A CRACKER OF A QUESTION!

15th to 21st May 2020

North Cyprus Events Calendar

Due to the close-down of restaurants, bars, public gatherings etc. current events have been cancelled but **we are showing some events for hopefully later in the year.**



30th May – Saturday - British Residents' Society Blood Donor Day. Give blood and help save a life at Dr Akcicek State Hospital, Girne.

30th May – Saturday - The Abnormals present Brexit-Vision Song Contest 2020 at 8pm – Charlie's Bar, Kucuk Erenkoy. In aid of Tulips. 15TL and 5TL for under 16's. Open menu available. To book call 0533 825 4172 or 0533 870 5977.

13th June – Saturday - Black Olive Cafe, Alsancak – Glastonvicki. More information to follow.

17th June – Wednesday - **Luther Vandross Tribute at the Colony Garden. This event has been re-scheduled for 13th October - Details to follow.**

19th June – Friday - RBL will be holding a Royal Ascot Alternative Races event. Venue to be confirmed.

29th June – Monday - RBL will be celebrating Armed Forces Day. More information to follow.

10th July – Friday - Tulips and The Black Olive present the Rocky Horror Picture Show. Prizes for best dressed table and best Time Warp Dance. Fancy dress recommended but not obligatory. To book call Vicki on 0533 835 5133. More details to follow.

12th September – Saturday - British Residents' Society Blood Donor Day. Give blood and help save a life at Dr Akcicek State Hospital, Girne.

19th September – Saturday - Girne Amphitheatre – Abba Platinum – live ABBA tribute show. Leading celebration of the legendary ABBA. More information to follow.

25th to 27th September - The Soulist Coffee & Music House, Alsancak, will be presenting the 3rd "Friends Across Borders (FAB)" Music Festival. More information to follow.

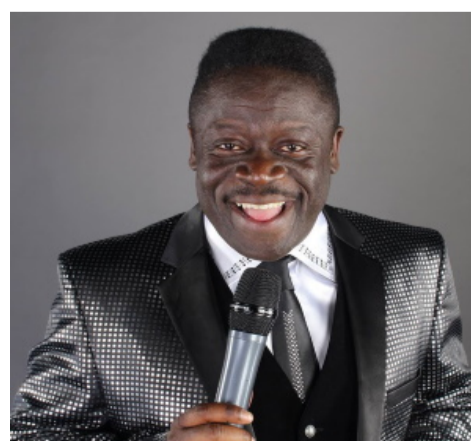
NOVEMBER (Possibly 13/14 Nov) - RBL will be holding their Gala 2020 – Ultimate Elton at Merit Crystal Cove, Alsancak. 3-course meal including unlimited local beverages. £50 members / £55 non-members. To reserve tickets call Jill on 0548 827 3910. **This event has been re-scheduled from May due to Coronavirus outbreak. Tickets can be refunded or retained for the new date.**

5th December – Saturday - British Residents' Society Blood Donor Day. Give blood and help save a life at Dr Akcicek State Hospital, Girne.

PLATINUM



The Live ABBA Tribute Show



THE **ABNORMALS** Presents **BREXIT-VISION** song contest 2020
Sat 30th May
 From 8.00pm
 Pick up & drop off service available **OPEN MENU**
ALL IN AID OF TULIPS
 Adults - 15tl
 Under 16 - 5tl
 Bookings call: 0533 825 4172 / 0533 870 5977

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Qigong Home Training with Tarik Tekman week 6

By Chris Elliott....

Week 6 has arrived and I have started following the Tarik Tekman online Qigong video and also where I have time to do so, I also in the same day do a refresher by working with the week 5 video as well and I have to say I can feel the difference in my body that practicing Qigong is making.

As well as watching and practicing the Qigong exercises in the videos it's very interesting to discover the background to the exercises and their application and meaning in Chinese medicine.

There will be a 15 week Qigong Home Training program and Tarik also runs an online class on Tuesday and Thursday every week.

Following is Tarik's program :

The first video of 15 weeks long Qigong Home Training is live now as below, Teach yourself Qigong with this 20 minutes video. If you like it, join my online live classes on Tuesdays & Thursdays. Every week, I will release a new video on Monday morning and continue with Tuesday & Thursday live online classes. There is also the Turkish version of these videos on my website.



All the details you need are at: <https://tariktekman.com/en/home/>

15 weeks Qigong training with videos, practice cards and Zoom online classes:

Download and test Zoom for online classes.

IF ZOOM ASKS YOU TO ENTER A PASSWORD, ENTER: **home**

Mondays 08:00: Video of the week is released. Practice with that video.

Tuesdays 10:00-10:40: Online Class

Thursdays 10:00-10:40 Online Class

All hours are Cyprus Time (UK +2 or CET +1 hour)

All other days practice with the same video and next Monday move on to the new video.

The class of the last week will be on Wednesday, 15th July – on the 100th day of the training.

Every Monday separate English & Turkish videos are published. Online classes are bi-lingual.

Online classes do not repeat the details already covered in the videos but include deepening the exercises,

corrections and adjustments, answering the written questions, and additional practices.

Send questions to tarik@tariktekman.com to be answered in the next class.

The training is donation based. Donate any amount with any frequency (just once, weekly, monthly etc).

Week 1 video: https://youtu.be/f_7MRLwhAeY

Join a Class: <https://tariktekman.com/en/home/>

Donations: <https://tariktekman.com/en/donate/>

Sport Quiz Answers

Questions on page 29

- 1/ Ryan Giggs
- 2/ Fencing
- 3/ Ascot
- 4/ Lords
- 5/ Darts
- 6/ Diving
- 7/ Jake LeMotta
- 8/ St Mirren
- 9/ United Kingdom
- 10/ Joe Frazier in 1971

- 11/ High Jump
- 12/ Baseball
- 13/ 6 runs
- 14/ Bristol Rovers

LAST WEEKS "STINKER" Question & ANSWER

Q/. Who is the only player to have won trophies at both Liverpool and Manchester United?

A/. Michael Owen .



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